

# TENNIS LESSONS



**JULY 6, 2010 - AUGUST 20, 2010**

**7 WEEK PROGRAM**

**MONDAY - THURSDAY**

**4:30 P.M. - 7:00 P.M.**



**\$ 25.00 REGISTRATION AFTER JUNE 30, 2010**

**\$ 20.00: REGISTRATION BEFORE JUNE 30, 2010**

**SENIOR CITIZENS: FREE**

**TENNIS RACQUETS & TENNIS BALLS WILL BE PROVIDED**

**BOOKER DOZIER RECREATION COMPLEX**

**2025 MIDDLEBELT ROAD**

**734-728-7530**

**INSTRUCTOR: RICHARD MCGINNIS**

### **BEGINNERS**

INTRODUCTION TO BASIC FUNDAMENTALS, TECHNIQUES TO DEVELOP BASIC EYE-HAND COORDINATION. INTRODUCTION TO FOREHAND AND BACKHAND. INTRO TO RULES OF THE GAME.

### **INTERMEDIATE**

TECHNIQUES FOR IMPROVING THE 5 BASIC SHOTS. TECHNIQUES FOR IMPROVING STRENGTH & STAMINA, STRATEGIES FOR MATCH PLAY

### **ADVANCED**

TENNIS FOR THE COMPETITIVE PLAYER

**ALL PLAYERS WILL BE EVALUATED AND PLACED IN GROUPS WITH OTHERS OF SIMILAR ABILITIES**

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*PERSON TO CONTACT IN CASE OF EMERGENCY*

NAME \_\_\_\_\_ PHONE \_\_\_\_\_ ALT# \_\_\_\_\_

PARTICIPANTS NAME \_\_\_\_\_ AGE \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE \_\_\_\_\_ EMERGENCY PHONE \_\_\_\_\_

I agree that the City of Inkster Parks and Recreation Department is to be held blameless for any injury that may occur to my child/children participating in the above mentioned activity, and hereby waive any and all claims that may arise from any accident to my child/ward.

\_\_\_\_\_  
PARENT/GUARDIAN'S SIGNATURE

\_\_\_\_\_  
DATE

