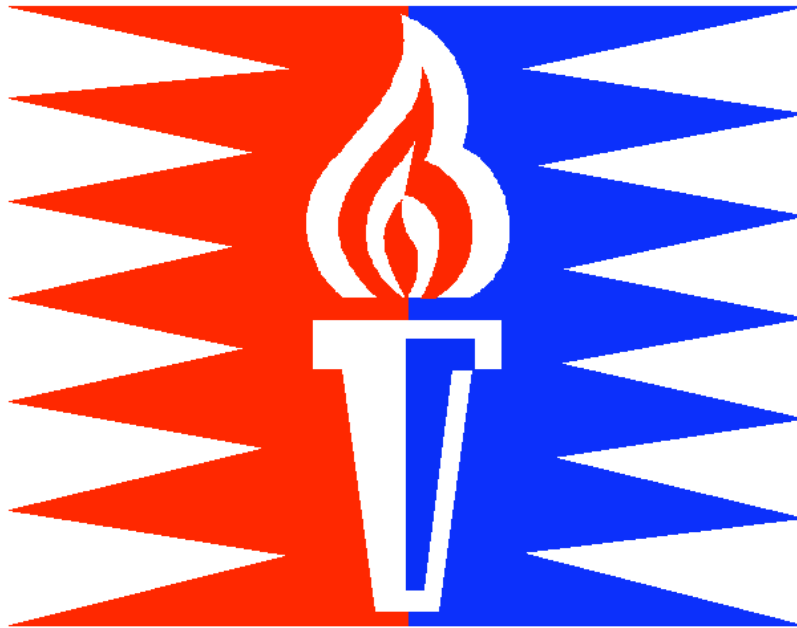


# Fifth Annual

WESTERN WAYNE COUNTY



SENIOR OLYMPICS  
AUGUST 17-21, 2009

Hosted by  
Charter Township of Plymouth, City of Plymouth, and  
Redford Township

Plymouth Community Council on Aging  
201 South Main Street  
Plymouth, Mi 48170  
(734)453-1234 x236

Redford Senior Center  
12121 Hemingway  
Redford, Mi 48239  
(313)387-2788

**Event Hotline – (313) 387-2788**  
**Rainout Hotline – (734) 455-6620 press 4 then option 1**

## GENERAL INFORMATION

Call the ***Plymouth Community Council on Aging (734)453-1234 x236 or Redford Senior Center (313)387-2788.***

**Eligibility:** Western Wayne County men and women 50 years of age or older.

**Registration:** Registration, Event Payment, Waiver and Medical Information forms must be completed. Submit your forms to your local Senior Center by Monday, July 27, 2009. If you do not have a Senior Program in your area, call the ***Plymouth Community Council on Aging (734)453-1234 x236 or Redford Senior Center (313)387-2788.*** No late entries will be accepted, no event changes will be permitted, and no on-site registrations will be accepted. A non-refundable registration fee of \$5.00 will be charged to all participants, plus a \$5.00 fee for bowling, a \$10.00 fee for golf, and a \$2.00 fee for each of the other events. (Swimming, Dancing, Tennis, and Table Tennis are only one \$2.00 fee for all categories).

**T-Shirts:** Your \$5.00 registration fee will include a T-shirt. Please state your size on the Registration Form. Your T-shirt is your admission to the breakfast and all events you are registered for. **PLEASE WEAR YOUR T-SHIRT TO ALL EVENTS.**

**Team Events:** Team members must be individually registered, and the team name listed on the Event Payment Form in the space provided. For Tennis and Table Tennis, please specify a partner if possible.

**Awards:** Medals will be awarded to 1st, 2nd, and 3rd place winners in each age category and gender for most events. See individual event rules for details.

**Confirmation of registration:** Senior Coordinators will receive a confirmation list with all the events in which their center's participants are entered. Senior participants should check with their Coordinator to receive a copy of their events registered, rules, and maps for each event, T-shirts, banquet tickets and any additional information they may need.

**Banquet:** Recognition of Olympic participants, medal winners, and sponsors will be Friday, August 21, 2009 at the Awards Banquet held at *Schoolcraft College Vista Tech Center*. The banquet is open to all Olympic participants and adult guests. Tickets are \$12.00 per person. Please check the appropriate box on your Registration Form if you wish to attend the banquet.

**Equipment:** Equipment will be provided for all events with the exception of Golf, Bowling, Tennis and Biking.

**Inclement Weather and Insufficient Registration:** In case of inclement weather or insufficient registration, the Western Wayne County Senior Olympic Committee reserves the right to cancel or postpone events. No refunds. Please call the ***City of Plymouth Cultural Center Rainout Hotline at (734)455-6620 press 4 then option 1 on the day of the event for any updates.***

### **Age Categories:**

Class A: 50-59	Class B: 60-69	Class C: 70-79	Class D: 80+
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# WESTERN WAYNE COUNTY SENIOR OLYMPICS SCHEDULE OF EVENTS – AUGUST 17-21, 2009

## Monday, August 17, 2009

<u>Cost</u>	<u>Starting Time</u>	<u>Event</u>	<u>Event Site</u>	<u>Event Sponsor</u>
\$2	8:00 a.m.	5K Run	Hines Park Across from Nankin Mill	Redford 313-387-2788      Dearborn 313-943-2412
Free	8:00 a.m.	Opening Day Expo	Hines Park Site Across from Nankin Mill	Garden City 734-793-1850
With Entry	8:30 a.m.	Breakfast with County Executive Robert Ficano	Hines Park Site Across from Nankin Mill	Wayne County Executive Office 313-213-0830
Free	9:30 a.m.	Opening Ceremony Torch Lighting	Hines Park Site Across from Nankin Mill	ALL Communities
\$2	10:00 a.m.	Fun Walk – 1K	Hines Park Across from Nankin Mill	Van Buren 734-699-8918
\$2	10:00 a.m.	Softball Throw	Hines Park Across from Nankin Mill	Livonia 734-466-2556
\$2	10:15 a.m.	Frisbee Toss	Hines Park Across from Nankin Mill	Canton 734-394-5485
\$2	10:30 a.m.	Football Throw	Hines Park Across from Nankin Mill	Westland 734-722-7628
\$2	10:30 a.m.	Bean Bag Toss	Hines Park Across from Nankin Mill	Dearborn 313-943-2412      Northville 248-349-4140
\$2	10:45 a.m.	Soccer Kick	Hines Park Across from Nankin Mill	Plymouth 734-453-1234x236
\$2	1:30 p.m.	Euchre (Lunch Provided)	Plymouth Cultural Center 525 Farmer Street	Plymouth 734-453-1234x236
\$2	2:00 p.m.	Ballroom Dancing (Refreshments Provided)	September Days Senior Center 46425 Tyler Rd., Belleville	Van Buren 734-699-8918
\$2	2:00 p.m.	Basketball Shoot (Refreshments Provided)	Summit on the Park 46000 Summit Parkway	Canton 734-394-5485

## Tuesday, August 18, 2009

\$2	9-10:00 a.m.	Photo & Art Drop-off (Lunch Provided)	Northville Senior Center 303 W. Main	Northville / Dearborn 248-349-4140
\$2	9-10:00 a.m.	Baking Contest Drop-off	Northville Senior Center 303 W. Main	Inkster 313-561-2382
\$2	9:00 a.m.	Horseshoes	Garden City Park Cherry Hill/Merriman	Garden City 734-793-1850
\$2	8:30 a.m.	Biking – 5 and 10 Mile Races	Westland Central City Park (Carlson Side@ Firehouse)	Westland 734-722-7632
\$2	10:00 a.m.	Volleyball (Lunch Provided)	Northville Rec. - Hillside School 700 Baseline Rd	Northville 248-349-4140
\$2	1:00 p.m.	Shuffleboard	Quirk Park 46425 Tyler Road	Van Buren 734-699-8918
\$2	1:00 p.m.	Creative Writing	Northville Senior Center 303 W. Main	Northville 248-349-4140
Free	3:00 p.m. Winners announced	Reception for Photo, Art & Writing- (Snack Provided)	Northville Senior Center 303 W. Main	Northville 248-349-4140

# WESTERN WAYNE COUNTY SENIOR OLYMPICS SCHEDULE OF EVENTS – AUGUST 17-21, 2009

## Wednesday, August 19, 2009

\$10	8:00 a.m.	Golf (Lunch Provided)	Warren Valley Golf 26116 Warren, D.H.	Dearborn Heights 313-791-3550	Inkster 313-561-2382
\$2	9:00 a.m.	Swimming (Refreshments Provided)	Livonia Community Recreation 15100 Hubbard Rd	Livonia 734-466-2556	
\$2	9:00 a.m.	Pinochle & Party Bridge (Lunch Provided)	Westland Friendship Center 1119 N. Newburgh Rd.	Westland 734-722-7628	
\$2	9:00 a.m.	Billiards (Refreshments Provided)	Wayne Bowl 36900 Michigan Avenue	Wayne 734-721-7460	
\$2	1:00 p.m.	Marksmanship (Pellet Gun Provided)	Westland Friendship Center 1119 N. Newburgh Rd.	Westland 734-722-7628	

## Thursday, August 20, 2009

\$5	9:00 a.m.	Bowling \$5 includes shoes, lane, pizza	Wayne Bowl 36900 Michigan Avenue	Wayne 734-721-7460	
\$2	9:00 a.m.	Table Tennis	Livonia Civic Park Senior 15218 Farmington Rd	Livonia 734-466-2556	
\$2	9:00 a.m.	Tennis (See note on reg. form)	Capital Park 12121 Hemingway	Redford 313-387-2788	

## Friday, August 21, 2009

\$12	12:00 p.m.	Banquet and Medals Presentation	Schoolcraft College Vista Tech Center	18600 Haggerty Rd. Livonia	
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## 2009 Western Wayne County Senior Olympics Communities

Wayne County Executive Office			
Belleville	Garden City	Northville Twp	Sumpter Twp
Canton Twp	Inkster	Plymouth	Van Buren Twp
Dearborn	Livonia	Plymouth Twp	Wayne
Dearborn Hgts	Northville	Redford Twp	Westland

## 2009 Officers

Bobbie Pummill Plymouth	Marsha Koet Dearborn	Linda Combs Van Buren Township	Denise Champagne Inkster	Barbara Marcum Westland
Dorothy Morris Redford				
Co-Chairpersons	Vice-Chairperson	Secretary	Treasurer	Past-Chair

**Event Hotline – (313) 387-2788**

**Rainout Hotline – (734) 455-6620 press 4 then option 1**

**2009 Western Wayne County Senior Olympics (WWCSO) Registration Form**

Please complete a separate form for each individual registrant. Checks are to be made payable to the Western Wayne County Senior Olympics (WWCSO). The fee is non-refundable.

**Registration deadline is 7/27/09.**

Please type or print: Age: \_\_\_\_\_ Birth Date: \_\_\_\_\_

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Gender: \_\_\_\_\_

Address: \_\_\_\_\_ City/Twp.: \_\_\_\_\_ Zip: \_\_\_\_\_

Community that you represent: \_\_\_\_\_

**Medical and Visual Arts Liability Waiver:**

I, the undersigned participant, agree to indemnify and hold harmless the Western Wayne County Senior Olympics and the communities of: Belleville, Canton, Dearborn, Dearborn Heights, Garden City, Inkster, Livonia, Northville, Northville Township, City of Plymouth, Plymouth Township, Redford Township, Sumpter Township, Van Buren Township, Wayne, Westland and the County of Wayne, hereafter sometimes referred to as sponsors, their agents, employees, representatives, volunteers and assignees, from any and all actions or claims of whatsoever kind or nature which I, or my representatives or assignees may have, or at any time in the future have, as a result of *death*, any injury, or damage to my art *or photos* (stated value of \$\_\_\_\_\_) arising out of my participation in the Western Wayne County Senior Olympics (WWCSO).

I warrant and represent to the sponsors that I have prepared myself for the events which I have entered by practicing the same prior to my participation in the WWCSO. I warrant and represent that I am in good physical health and condition and that I am physically able to compete in the events that I have selected. I know of no physical restriction whatsoever which would prohibit my participation in the events that I have selected. I recognize and understand that the preparation and the competition may necessitate strenuous physical activity, and could possibly activate any unrecognized pre-existing cardiovascular disorder which I may have, thereby resulting in serious or life threatening physical harm to me. In the event of a medical emergency, the WWCSO and/or any of the above-named communities, has my permission to seek emergency medical treatment on my behalf during my participation in the events of the WWCSO. Any recipes submitted or photographs and videos taken during the WWCSO becomes the property of the WWCSO to be used at their discretion.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**WWCSO 2009 Medical Information** (to be shredded at the completion of the games)

Please type or print

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City/Twp.: \_\_\_\_\_ Zip: \_\_\_\_\_

Community that you represent: \_\_\_\_\_ Allergies: \_\_\_\_\_

Medications that you are currently taking: \_\_\_\_\_

Significant health problems, past or present: \_\_\_\_\_

Emergency contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Physician: \_\_\_\_\_ Phone: \_\_\_\_\_

## 2009 WESTERN WAYNE COUNTY SENIOR OLYMPICS EVENT REGISTRATION and PAYMENT FORM

(Please Print)

Name: \_\_\_\_\_

Representing City/Township of: \_\_\_\_\_

The Western Wayne County Senior Olympics strongly recommends that participants consult their doctor in regard to practice, preparation, and competition in the Senior Olympic Program. Some events, such as swimming and biking, can be very strenuous.

Please mark all events below you wish to enter. Some events are free.

T-Shirt is included with the Registration Fee.

All participants must complete and sign the medical waiver on the back side of this form.

### MONDAY, AUGUST 17, 2009

- \_\_\_\_\_ 5k Run
- \_\_\_\_\_ Opening Day Expo - (Free)
- \_\_\_\_\_ Breakfast with Bob Ficano - Included with Registration
- \_\_\_\_\_ Opening Ceremony - Torch Lighting (Free)
- \_\_\_\_\_ Fun Walk - 1K (Free)
- \_\_\_\_\_ Softball Throw
- \_\_\_\_\_ Frisbee Toss
- \_\_\_\_\_ Football Throw
- \_\_\_\_\_ Bean Bag Toss
- \_\_\_\_\_ Soccer Kick
- \_\_\_\_\_ Euchre
- \_\_\_\_\_ Ballroom Dancing
- \_\_\_\_\_ Tango
- \_\_\_\_\_ Waltz
- \_\_\_\_\_ Swing
- \_\_\_\_\_ Opening Dance - Non-competitive
- \_\_\_\_\_ Basketball Shoot

**NOTE:**  
Your T-shirt is your admission to the breakfast and your respective events.  
**PLEASE WEAR YOUR T-SHIRT TO ALL EVENTS**

### TUESDAY, AUGUST 18, 2009

- \_\_\_\_\_ Photo
- \_\_\_\_\_ Scenery
- \_\_\_\_\_ People/Activities
- \_\_\_\_\_ Senior Olympics
- \_\_\_\_\_ Art
- \_\_\_\_\_ Handwork
- \_\_\_\_\_ Woodwork
- \_\_\_\_\_ Artwork
- \_\_\_\_\_ Baking Contest
- \_\_\_\_\_ Pies (w/sugar)
- \_\_\_\_\_ Cakes (w/sugar)
- \_\_\_\_\_ Cookies (w/sugar)
- \_\_\_\_\_ Horseshoes
- \_\_\_\_\_ 5 Mile Bike Race (Run concurrent with 10)
- \_\_\_\_\_ 10 Mile Bike Race
- \_\_\_\_\_ Volleyball - Team Name: \_\_\_\_\_
- \_\_\_\_\_ Shuffleboard
- \_\_\_\_\_ Creative Writing-Topic To be assigned at event
- \_\_\_\_\_ Reception for Photo, Art, Writing - (Free)

Registration Fee - \$5.00 = \$ \_\_\_\_\_

**T-Shirt Size (Circle One):**  
**S M L X L XXL XXXL** \_\_\_\_\_ **List Any Other and Circle**

Bowling - \$5.00 = \$ \_\_\_\_\_

Golf - \$10.00 = \$ \_\_\_\_\_

All other events at \$2.00 each = \$ \_\_\_\_\_

Banquet tickets at \$12.00 per person = \$ \_\_\_\_\_

**TOTAL ENCLOSED = \$ \_\_\_\_\_**

**Please make checks payable to:**

**Western Wayne County Senior Olympics, OR WWCSO**

Please turn in completed registration form, fee, and medical information by **Monday, July 27, 2009** to your local senior Citizen Center or mail to:

Western Wayne County Senior Olympics  
c/o Inkster Senior Services, Inc.  
2000 Inkster Rd., Inkster, MI 48141

### WEDNESDAY, AUGUST 19, 2009

- \_\_\_\_\_ Golf - (Golfing with) \_\_\_\_\_
- \_\_\_\_\_ Swimming
- \_\_\_\_\_ Freestyle
- \_\_\_\_\_ Breaststroke
- \_\_\_\_\_ Backstroke
- \_\_\_\_\_ Pinochle
- \_\_\_\_\_ Party Bridge
- \_\_\_\_\_ Billiards
- \_\_\_\_\_ Marksmanship

### THURSDAY, AUGUST 20, 2009

- \_\_\_\_\_ Bowling
- \_\_\_\_\_ Table Tennis
- \_\_\_\_\_ Singles
- \_\_\_\_\_ Doubles-Partner \_\_\_\_\_
- \_\_\_\_\_ Mixed Doubles-Partner \_\_\_\_\_
- \_\_\_\_\_ Tennis
- \_\_\_\_\_ Singles
- \_\_\_\_\_ Doubles\*-Partner \_\_\_\_\_
- \_\_\_\_\_ Mixed Doubles-Partner \_\_\_\_\_

\*In the case of doubles play, you may randomly be assigned a partner if you do not specify one.

### FRIDAY, AUGUST 21, 2009

- \_\_\_\_\_ Awards Banquet