A Community Striving For Excellence

Promoting healthy development for the children, families, and senior citizens of the City of Inkster
INKSTER TASK FORCE
COMMUNITY RESOURCE GUIDE

26215 Trowbridge
Inkster, MI 48141
313.563.7709
The purpose of the Inkster Task Force is to plan, coordinate, promote and secure funding for a network of support services that will (1) promote healthy development for the children, families, and senior citizens of the City of Inkster and (2) reduce the risk factors of violence, substance abuse, unhealthy life styles and other elements that have an adverse affect on families within the City of Inkster.

**The Agencies participating in the Inkster Task Force are:**

1) City of Inkster  
2) City of Inkster Resident  
3) Dept. of Human Service  
4) Equip for Life Foundation  
5) Growth Works, Inc.  
6) Hegira Prevention  
7) Inkster City Council  
8) Inkster Human Development  
9) Inkster Police Department  
10) Inkster Public Schools  
11) Inkster Resident Council  
12) Inkster Senior Services  
13) Inkster Teen Health Center  
14) Iron Flexx  
15) Michigan Consumers for Healthcare  
16) New Birth Baptist Church  
17) Office of Wayne County Commissioner Gebhardt  
18) Operation Refuge, Inc.  
19) PNC Bank  
20) Princeton Street Block Club  
21) SEMCA  
22) S. D. Hill  
23) Stanford House  
24) Starfish Family Services  
25) TIFA  
26) Top Ladies of Distinction  
27) Volunteers  
28) Wayne Metro Community Services  
29) Westwood Board of Education

This publication was made possible through funding from the Southeast Michigan Community Alliance (SEMCA). Listings of materials and resources in this guide should not be construed or interpreted as an endorsement by the Southeast Michigan Community Alliance (SEMCA), Inkster Task Force or any organization or business listed herein. Corrections and/or additions and requests for additional copies should be directed to the Inkster Task Force.

Printed September 2011
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RESOURCES INFORMATION
CITY OF INKSTER - OUR LOCAL GOVERNMENT

26215 Trowbridge
Inkster, MI 48141

City Manager: Ron Wolkowicz, Interim
City Clerk: Velida Gutierrez

City Administration: 313.563.4232
Police: 313.563.9850
Fire: 313.563.9874
Anonymous Tip Line: 313.277.4118
Emergency: 911

Mayor/Council: 313.563.0249

Mayor
Hilliard L. Hampton II
Council Member, District 1
Timothy Williams
Council Member, District 2
Marcus L. Hendricks
Council Member, District 3
Courtney J. Owens
Council Member, District 4
Michael A. Canty
Mayor Pro Tempore, District 5
Patrick A. Wimberly
Council Member, District 6
Henry L. Crump, Jr.

22nd District Court
27331 S. River Park Drive
Inkster, MI 48141
313.277.8200

22nd District Court Judge
Honorable Sylvia A. James

Court Administrator
Pamela A. Anderson
OUR REPRESENTATIVES IN GOVERNMENT

**U.S. SENATE**

**Carl Levin**  
269 Russell Street Office Bldg.  
Washington, D.C. 20510  
202.224.6221

1860 McNamara Bldg.  
477 Michigan Avenue  
Detroit, MI 48226  
313.226.6020

**Debbie Stabenow**  
702 Hart Office Bldg  
Washington, D.C. 20510-2203  
202.224.4822

243 West Congress, Suite #550  
Detroit, MI 48226  
313.961.4330

**HOUSE OF REPRESENTATIVES**

**John Dingell**  
2328 Rayburn House Office Bldg.  
Washington, D.C. 20515 - 2216  
202.225.4701

19855 W. Outer Drive, Suite 103E  
Dearborn, MI  48124  
313.278.2936

**GOVERNOR**

**Rick Snyder**  
P.O. Box 30013  
Lansing, MI 48909  
517.373.3400
OUR REPRESENTATIVES IN GOVERNMENT

STATE SENATE
Tupac Hunter
State Capitol
P.O. Box 30036
Lansing, MI 48909-7536
517.373.0994

STATE REPRESENTATIVE
Bob Constan
N0695 House Office Building
P.O. Box 30014
Lansing, MI 48909-7514
517.373.0849

WAYNE COUNTY GOVERNMENT ELECTED OFFICES

Executive
Robert A. Ficano
600 Randolph, Ste., 350
Detroit, MI 48226
313.244.0366

Clerk
Cathy Garrett
Western Wayne Office
3100 Henry Ruff
Westland, MI 48186
734.326.4690

Sheriff
Benny Napoleon
1231 St. Antoine
Detroit, MI 48226
313.224.2222

Treasurer
Raymond J. Wojtowicz
400 Monroe, 5th Floor
Detroit, MI 48226
313.224.5950

Register Of Deeds
Bernard Youngblood
400 Monroe, 7th Floor
International Bldg
Detroit, MI 48226
313.244.5850

Prosecuting Attorney
Kym Worthy
1441 St. Antoine
Detroit, MI 48226
313.224.5777

12th District Commissioner
Joan Gebhardt
500 Griswold, Suite # 760
Detroit, MI 48226
313.224.0902
CITY OF INKSTER

**Administration**
Accounts Payable 313.563.4263
Building Department - Code Enforcement Division 313.563.7716
City Clerk’s Office 313.563.9770
City Manager 313.563.4232
Community Development/Planning 313.563.9760
Department of Public Service 313.563.9773
Dog Pound 313.562.5020
Housing Rehabilitation 313.563.7709
Mayor/City Council 313.563.0249
Office of Risk Management 313.563.0252
Personnel 313.563.3211
Property Records & Assessing 313.563.4271
Purchasing 313.563.0251
Treasurer’s Office 313.563.4270
Voter Registration - Inkster Residents Only 313.563.9770
Water Billing 313.563.7704
Water Sewer - Problems 313.563.9781

**22nd District Court**
27331 S. River Park Drive 313.277.8200

**Fire Department**
27717 Michigan Avenue
Administrative Calls 313.563.9874
Emergency Calls Only 911
Emergency Calls Only - Inkster 313.561.1200
Investigation/Arson 313.563.4235

**Housing & Redevelopment Commission**
4500 Inkster Road - Administrative Calls 313.561.2600
Demby Community Center
4360 Hickory 313.561.4862
Floyd B. Simmons Multi-Purpose Center
29150 Carlyle 734.641.6930
**CITY OF INKSTER**

**Housing & Redevelopment Commission**
Inkster Family Investment Center  
29999 Pine  
734.729.5340  
Lehigh Senior Drop - In Center  
27441 Lehigh  
313.561.2654  
Twin Towers  
2000 S. Inkster Road  
313.561.2382

**Inkster Parks and Recreation & Senior Services**
Booker T. Dozier Recreation Complex  
2025 Middlebelt Road  
734.728.7530  
Inkster Senior Services  
2000 Inkster Road  
313.561.2383

**Inkster Postal Service**
27631 Michigan Avenue  
313.561.6070

**Library**
2005 Inkster Road  
313.563.2822

**Police Department**
27301 S. River Park Drive  
Emergency Calls  
911  
Administrative Calls  
313.563.9850  
Detective Bureau  
313.563.9856  
Anonymous Tip Line  
313.277.4118

**Public School Districts**
**Inkster Public School District**
Administration Building  
29115 Carlyle  
734.722.5310  
Meek-Elementary School (Early Childhood)  
28865 Carlyle  
734.326.6940  
Baylor-Woodson Elementary School  
28865 Carlyle  
734.467.5697  
Blanchette Middle School  
1771 Henry Ruff Road  
734.326.7041
Inkster Public School District
Inkster High School
3250 Middlebelt Road 734.326.8519

Charter Schools and Academies
Academy of Inkster
28500 Avondale 734.641.1312
Cherry Hill School
28500 Avondale 734.722.2811
Discovery Arts & Technology Academy
27355 Woodsfield 313.827.0762
Gaudior School
27100 Avondale 313.792.9444

Vocational School
Inkster High School (Includes GED Prep, Building Trades, Culinary Arts, Certified Nurses Aide Training, Cosmetology, Introduction to Computer Hardware & Operating Systems Certification & More)
3250 Middlebelt Road 866.4GED.NOW

Wayne/Westland School District
Hicks Elementary School
100 Helen 313.419.2660

Westwood School District
Daly Elementary School
25824 Michigan Avenue 313.565.0016
Thorne Intermediate
25251 Annapolis Road – Dearborn Heights 313.292.1600
Thorne Primary
25251 Annapolis Road – Dearborn Heights 313.292.2440
Tomlimson Middle School
25912 Annapolis Road 313.565.3393
Robichaud High School
3601 Janet – Dearborn Heights 313.565.8851
Robichaud Middle School
3601 Janet – Dearborn Heights 313.565.2378
Westwood Cyber High School
25824 Michigan Avenue – Inkster 313.565.0288
EMERGENCY PLAN FOR SNOW REMOVAL AND ICE CONTROL

The Snow Emergency Ordinance provides a comprehensive plan to clean streets within the city in an efficient manner. Remember, your cooperation during the snow emergency is important! This ordinance provides for the removal of parked and stalled vehicles on City streets which hinder snow removal and cause serious traffic congestion. An emergency exists when snowfall is anticipated to be four (4) inches or more. Radio and TV stations are notified for broadcast.

Restrictions
While the Snow Emergency Plan is in effect, there will be NO PARKING OF ANY VEHICLE ON ANY PORTION OF A SNOW EMERGENCY ROUTE. THIS INCLUDES STALLED VEHICLES. ALL VEHICLES MUST BE REMOVED FROM EMERGENCY ROUTES IMMEDIATELY.

Snow emergency route streets
Avondale - Henry Ruff to Beech Daly
Ann Arbor - Henry Ruff to Middlebelt Road & John Daly to Beech Daly
Andover - Henry Ruff to Fox
Carlisle - Beech Daly to Henry Ruff
Cherry Hill - Inkster Road to Beech Daly
Harrison - Ann Arbor Road to Cherry Hill
John Daly - Cherry Hill to Ann Arbor Road
Princeton - John Daly to Sylvia

ALL OTHER STREETS ARE CONSIDERED SECONDARY STREETS.

Secondary Streets
On Secondary Streets, vehicles may be parked on the side of the street with uneven street numbers on Sunday, Tuesday, Thursday and Saturday. They may be parked on the side of the street with even addresses numbers on Monday, Wednesday and Friday.

HOWEVER, ANY “NO PARKING” POSTINGS REMAIN IN EFFECT DURING AN EMERGENCY.
**Street Sweeping**
The Department of Public Safety (DPS) performs this service during non-winter months of the year in order to keep catch basins clear and reduce incidents of street flooding. The fall season is the most critical time of the year. Citizen cooperation is greatly appreciated. You can help by removing your vehicle from the street between 7:00 am - 3:30 pm and by **NOT RAKING LEAVES INTO THE STREET**. If you have questions, call the Department of Public Safety at 313.563.9773.

**TRASH DISPOSAL**

**Weekly Pick-Up**
During the year 2011, trash pick-up for the City of Inkster will continue on a **weekly** schedule for the entire year. Your trash pick-up day (Monday through Friday) will remain the same.

**Trash Collection**
Containers should be placed at the curbside after 6:00 pm on the day before collection day and should be removed from the curbside before 6:00 pm on collection day and should be removed from the curbside before 6:00 pm on the collection day.

**Rescheduling**
Rubbish collection is delayed one day for Memorial Day, Fourth of July, Labor Day, Thanksgiving, Christmas and New Year’s Day.

**Proper Containers**
The 96-gallon, wheeled curb cart was provided to each household. If you have more trash than the new curb cart will hold, additional waste may be placed next to the cart in a covered, 30 gallon capacity container, or a quality plastic bag, neatly tied, not to exceed 50lbs.

**Cardboard boxes are not acceptable containers, They must be broken down.**
CITY OF INKSTER

**Trash Disposal**

*The Trash Contractor DOES NOT Pick Up the Following Items:* any EPA labeled hazardous substances including, but not limited to, gasoline, acid, inflammable or explosive materials. Additional items include paints, thinners, weed killers, fertilizers, pesticides, masonry dirt, building debris, demolished structures, hot ashes, waste oil, stumps, logs, automobile parts, tires, acid, inflammable or explosive materials. Paint may be solidified with kitty litter, sand or sawdust or dried by removing the lid. To dispose of tires, you must call a tire disposal company.

**Special Pick-Up**

Heavy household items (stoves, refrigerators, freezers, furniture and other heavy items) will be picked up on your regular pick-up day. Please call 877.264.5544 at least 24 hours ahead so that the proper moving equipment will be available. Business hours: Monday – Friday from 9:00 am – 5:00 pm.

**Refrigerators/Freezers/Air Conditioners**

State law requires that refrigerator doors and freon units must be removed. Freon removal stickers are available at the Treasurer’s Office for $15.00/each or you may contact any licensed contractor. Removal stickers are also needed for air conditioners.

**Brush, Wood and Carpeting**

These items will be collected on your regularly scheduled collection day only if the following conditions are met: trees, shrubs and brush wood (bend nails over) should be cut and tied into pieces not to exceed 3 inches in diameter, 4 feet in length and 50 pounds in weight; and carpet should be 4 foot in length, rolled, and tied in bundles no more than 50 pounds. All items should be stacked neatly beside your trash. If a resident hires a private contractor, the contractor is required to remove any brush, logs or stumps. Tires cannot be picked up. You must contact a tire disposal company for proper removal.

**Vacant Lots**

Vacant lots are the responsibility of the owner. If vacant lots are not maintained, the owner may receive a citation and the lot will be cut/cleaned at the owner’s expense. Complaints should be directed to Code Enforcement at 313.563.2820, 313.563.9761, 313.563.0835 or D.P.S. Support Service at 313.563.2821.
**Compost**
Weight limits must not exceed 50 lbs. Curbside collection of yard waste occurs between April and November. The purpose of this program is to protect the environment and reduce the amount of trash sent to landfills. Residents are required to separate grass clippings, leaves, weeds and other “soft” yard waste from regular trash. Place marked can/compost bags at curbside for pick-up on the same day as trash. Don’t place in improper containers, such as boxes/plastic bags, or mix with rubbish. Separate yard waste bags from regular trash by 10 feet. THIS IS A MANDATORY STATE LAW.

**Recycling**
Recycling is scheduled for the first Saturday of each month (except Holidays). The City of Inkster supplies a drop off site at the Parking Lot at Kurtsell and Huck Court located 1 block north of Michigan Avenue and 1 block west of Inkster Road for the following recyclable items:

- **Newspaper**: Tied or placed in a brown paper bag.
- **Plastic Containers**: Marked #1 or #2 (inside the triangular recycling symbol), rinsed clean with caps removed and flattened when possible.
- **Glass**: Clear, brown and green rinsed and unbroken.
- **Tin, Steel, and Aluminum**: Clean cans completely.
- **Paint**: Paint must be dried out and in solid form with lids off.
- **No Aluminum Foil Products, Oil or Glossy Magazines will be accepted.**

To ensure that your trash is picked up on your regular trash day, please refrain from parking in Courts and in Circles on trash day. Thank you!

**Sale of Trash Bags**
- Paper bags for compost/leaves: 30 gallon – 5/$2.00
- Plastic or Colored for trash: 33 gallon – 2 mil thick – 100/box at $22.00/box
- Black – 44 gallon – 1.75 mil thick – 100/box at $30.00/box

*Bags are available for purchase at the Booker T. Dozier Recreation Complex, 2025 Middlebelt Road, Inkster, MI.*
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<td>Victim Advocate</td>
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<td>Assistant Prosecutor</td>
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*Domestic Violence is unacceptable. It is a crime and will not be tolerated in the City of Inkster.*

**INKSTER POLICE AUXILIARY**

710 Middlebelt Road  
734.326.3830

The Inkster Police Auxiliary is one of the most exclusive police reserve units in the State of Michigan. The members of the organization dedicate their time to help ensure safe streets in the community.
## LOCAL CHURCHES

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<td>27075 Carlyle, Inkster, MI 48141</td>
<td>26100 Annapolis, Inkster, MI 48141</td>
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<tr>
<td>734.326.5960</td>
<td>313.278.4430</td>
<td>313.274.7080</td>
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<th>Christ Temple City of Refuge</th>
<th>Cooper Memorial</th>
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<td>27741 Carlyle, Inkster, MI 48141</td>
<td>4119 John Daly St., Inkster, MI 48141</td>
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<td>313.563.2011</td>
<td>313.278.8282</td>
<td>313.274.1466</td>
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<td>3725 Isabelle, Inkster, MI 48141</td>
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<tr>
<td>734.578.9350</td>
<td>313.477.6710</td>
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<td>4083 Isabelle, Inkster, MI 48141</td>
<td>4174 Allen St., Inkster, MI 48141</td>
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<tr>
<td>734.467.8668</td>
<td>734.727.0028</td>
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<table>
<thead>
<tr>
<th>High Praise Cathedral of Faith</th>
<th>Holy Family Catholic</th>
<th>Jehovah Witness Kingdom Hall</th>
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<tbody>
<tr>
<td>4010 Moore, Inkster, MI 48141</td>
<td>27800 Annapolis, Inkster, MI 48141</td>
<td>3041 John Daly, Inkster, MI 48141</td>
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<tr>
<td>313.563.7459</td>
<td>313.563.8242</td>
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<table>
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<tr>
<th>Middlebelt Baptist Church</th>
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<th>National Christians in Action</th>
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<tr>
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<td>LOCAL CHURCHES</td>
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<td><strong>Nehemiah Word of Faith</strong></td>
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<tr>
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<tr>
<td><strong>New Birth Baptist Church</strong></td>
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<td>27628 Avondale</td>
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<tr>
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<tr>
<td><strong>New Greater Bethlehem Temple Community Apostolic II</strong></td>
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<td><strong>Peterson Warren 7th Day Adventist</strong></td>
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<td><strong>St. Clements Episcopal</strong></td>
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<td><strong>St. Marks Baptist Church</strong></td>
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<td><strong>Sharon 7th Day Adventist</strong></td>
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<td>28537 Cherry</td>
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<tr>
<td><strong>Smith Chapel A.M.E. Church</strong></td>
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<td><strong>Soul Seekers Outreach Ministry</strong></td>
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<td><strong>True Believers</strong></td>
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<td><strong>Womack Temple</strong></td>
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<tr>
<td>734.326.4822</td>
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</tbody>
</table>
FAITH BASED OUTREACH SERVICES

**Christ Temple City of Refuge**  
27741 Carlysele - Inkster, MI 48141  
313.278.8282

Services include an after school program with educational and fun activities for youth, a summer enrichment program, and computer lab with wireless internet.

**Middlebelt Baptist Church**  
943 Middlebelt Road - Inkster, MI 48141  
734.728.3838

Supplies clothes and food to the needy upon request. A clothes giveaway is held quarterly.

The above request should be made @ 734.728.3838  
Monday thru Friday between 10:00 am -2:00 pm

**New Birth Baptist Church**  
27628 Avondale - Inkster, MI 48141  
313.563.1705

E.C.H.O. (Enhancing Community Health Outreach) Program

E.C.H.O. helps with issues related to:

- Substance Abuse/Alcoholism
- Mental Health Problems (depression, anxiety, trauma, excluding severely mentally ill individuals)
- Unemployed individuals
- Poor Health (obesity, diseases, etc.)
- Domestic Violence, Anger Issues
- Teenage Issues (substance abuse, pregnancy, violence)
- Children at risk for addiction and mental health issues
- Individuals at risk for incarceration
- Many other concerns

Additional programs include quarterly health fairs and VITA (free) Income Tax Preparation during the tax season.
FAITH BASED OUTREACH SERVICES

**St. Clements Episcopal Church**
4300 Harrison - Inkster, MI 48141
313.330.7837

Provides a food pantry for adults 55+ and low income families. The food pantry is open every 3rd Thursday from 8:00 am - 11:30 am. Provides Thanksgiving Baskets. Provides free income tax preparation during the tax season.

**Operation Refuge Inc.**
27715 Carlyle - Inkster, MI 48141
734.709.7806

*Community Development Center with multiple services:*
  - Community Garden
  - Summer Jam
  - Back-2-School Program

**Soul Seekers Outreach Ministry**
28319 Carlyle - Inkster, MI 48141
313.244.8435

We are a non-profit organization that gives out food boxes to needy families on Mondays between 3:00 pm to 4:00 pm.
**ALCOHOL & DRUG PREVENTION PROGRAMS**

**Liberation Addiction Recovery Solutions**  
36565 Ford Road - Westland, MI 48185  
866.925.4213

Liberation Addiction Recovery Solutions is an alcohol and drug treatment center.

*Types of Services:* Spanish, Criminal Justice Clients, Residential Long Term Treatment, Residential Beds for Children, Seniors, Outpatient, Hospital Inpatient, DUI and DWI Offenders, Methadone Maintenance

*Payment Forms:* Medicare, Self Payment, Medicaid, Military Insurance

**Apex Behavioral Health PLLC**  
1547 South Wayne Road - Westland, MI 48186  
734.729.3133

Apex Behavioral Health PLLC is a drug and alcohol treatment program.

*Types of Services:* Mental Health Services, Outpatient, Criminal Justice Clients, Spanish and Foreign Languages other than Spanish

*Payment Forms:* Medicaid, Medicare, Military Insurance, Private Health Insurance, Self Payment

**Westside Mental Health Services**  
32932 West Warren Road Suite 103 - Westland, MI 48185  
734.513.8295

Westside Mental Health Services is a drug and alcohol rehabilitation program.

*Types of Services:* Mental Health Services, Outpatient and Assistance for Hearing Impaired

*Payment Forms:* Medicaid, Medicare, Military Insurance, Private Health Insurance, Self Payment
ALCOHOL & DRUG PREVENTION PROGRAMS

Safe Step LLC
917 South Merriman Road - Westland, MI 48186
734.641.1141

Safe Step LLC is an alcohol and drug treatment center.

Types of Services: Drug Rehabilitation, Alcohol Rehabilitation, Outpatient, Co-Ocurring Mental and Substance Abuse Disorders

Payment Structure: Sliding Scale Fees

Payment Forms: Self Payment

Access Behavioral Healthcare LLC
42189 Ann Arbor Road - Plymouth, MI 48170
734.453.5603

Access Behavioral Healthcare LLC is an alcohol and drug treatment.

Types of Services: Mental Health Services and Outpatient

Payment Forms: Medicaid, Medicare, Military Insurance, Private Health Insurance and Self Payment

Growth Works Inc
50430 Schoolhouse Road - Canton, MI 48187
734.495.1722

Growth Works Inc is a drug and alcohol treatment program.

Types of Services: Drug Rehabilitation, Alcohol Rehabilitation, Outpatient, Teens and Assistance for Hearing Impaired

Payment Structure: Sliding Scale Fees and Payment Assistance

Payment Forms: Self Payment
ALCOHOL & DRUG PREVENTION PROGRAMS

**Hegira Programs Inc (HPI)**
43825 Michigan Avenue - Canton, MI 48188  
734.397.3088

Hegira Programs Inc (HPI) is an alcohol and drug treatment center.

*Types of Services:* Mental Health and Drug or Alcohol Abuse Treatment, Detoxification, Outpatient, Drug and Alcohol Abuse Day Treatment, Residential Short Term Treatment, Co-Occuring Mental and Substance Abuse Disorders, Assistance for Hearing Impaired, Spanish

*Payment Forms:* Medicaid, Private Health Insurance, Self Payment

**Livonia Counseling Center**
15370 Levan Road, Suite 2 - Livonia, MI 48154  
734.744.0170

Livonia Counseling Center is a drug and alcohol rehabilitation program.

*Types of Services:* Mental Health and Drug or Alcohol Abuse Treatment, Outpatient, DUI and DWI Offenders, Assistance for Hearing Impaired and Spanish

*Payment Forms:* Medicaid, Medicare and Self Payment

**Saint Marys Mercy Hospital**
36475 5 Mile Road - Livonia, MI 48154  
734.655.5850

Saint Mary’s Mercy Hospital is an alcohol and drug treatment center.

*Types of Services:* Mental Health and Drug or Alcohol Abuse Treatment, Detoxification, Outpatient, Hospital Inpatient, Co Occuring Mental and Substance Abuse Disorders

*Payment Forms:* Medicare, Military Insurance, Private Health Insurance and Self
ALCOHOL & DRUG PREVENTION PROGRAMS

**Vista Maria/Girls Care Program**  
20651 West Warren Avenue - Dearborn Heights, MI 48127  
313.271.3050, ext. 101

Vista Maria/Girls Care Program is a drug and alcohol treatment center.

*Types of Services:* Drug Rehab Alcohol Rehab, Residential Short Term Treatment, Residential Long Term Treatment, Teens, Co Occurring Mental and Substance Abuse Disorders

*Payment Forms:* Medicaid

**Butterfly Center**  
24865 5 Mile Road Suite 4 - Redford, MI 48239  
313.533.1550

Butterfly Center is a drug and alcohol rehabilitation program.

*Types of Services:* Mental Health and Drug or Alcohol Abuse Treatment, Outpatient, Teens, Co Occuring Mental and Substance Abuse Disorders, HIV and AIDS, Gay and Lesbian, Seniors, Pregnant and Postpartum Women, Women, Men, DUI and DWI Offenders, Criminal Justice Clients

*Payment Forms:* Medicare, Military Insurance, Private Health Insurance, Self Payment

**Downriver Mental Health Clinic**  
20600 Eureka Road Suite 819 - Taylor, MI 48180  
734.285.8282, ext. 2133

Downriver Mental Health Clinic is a drug and alcohol treatment center.

*Types of Services:* Mental Health and Drug or Alcohol Abuse Treatment, Outpatient, Teens, Co Occuring Mental and Substance Abuse Disorders, Women and Men

*Payment Forms:* Medicare, Private Health Insurance and Self Payment

For more information visit [http://www.relapse-prevention.org/Michigan](http://www.relapse-prevention.org/Michigan)
SUMMER CAMP PROGRAMS

Christ Temple - Westland
29124 Eton - Westland, MI
734.326.3833

National Christians In Action
3460 Walnut - Inkster, MI
Contact Person: Rev. Rodney D. Brown/Julie Claypool
313.908.1477

Inkster Public Housing Commission
4500 Inkster Road - Inkster, MI
313.561.2600

Inkster Parks and Recreation
2025 Middlebelt - Inkster, MI
734.728.7530

Starfish Family Services
30000 Hively - Inkster, MI
734.728.3400

YWCA of Western Wayne County
Westwood Site
26279 Michigan Avenue - Inkster, MI
313.561.4110
SCHOLARSHIP FOUNDATIONS

Flora Dozier Scholarship
4191 Allen - Inkster, MI 48141
Awards current high school graduates scholarships to continue their education.

Inkster Public Schools Retirees and Spouses
P.O. Box 3131 - Inkster, MI 48141
734.405.3379
Sponsors scholarships and educational activities.

Inkster Ministerial Alliance
27628 Avondale - Inkster, MI 48141
313.563.1705
Sponsors competitive scholarships for high school graduates of member churches.

Khamalaw H. White Foundation
P.O. Box 957 - Inkster, MI 48141-2709
Provides scholarships to high school graduates. Please write for more information.

Optimist Club of Inkster
2345 Isabelle - Inkster, MI 48141
734.729.4399
Sponsors programs and activities for youth scholarships and awards.

Project Excellence Scholarship Website:
www.project-excellence.com

Scholarship Foundation Website:
www.fafsa.ed.gov
(Key in scholarship)

United College Fund Scholarships Website:
www.uncf.org/programs
## LOCAL FOOD DISTRIBUTION SITES

<table>
<thead>
<tr>
<th>Location</th>
<th>Distribution/Service</th>
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<tbody>
<tr>
<td><strong>Bethlehem Temple of Inkster</strong></td>
<td>Food Pantry</td>
</tr>
<tr>
<td>26100 Annapolis Road</td>
<td>Monday-Friday: call 24 hrs. in advance</td>
</tr>
<tr>
<td>Inkster, MI 48141</td>
<td>Site Hours: <em>10:00 am - 3:00 pm</em></td>
</tr>
<tr>
<td>313.274.7080</td>
<td></td>
</tr>
<tr>
<td><strong>Cherry Hill Place</strong> (must be a resident)</td>
<td>Wayne County Senior Lunches</td>
</tr>
<tr>
<td>29477 Cherry Hill</td>
<td>Site Hours: <em>10:00 am - 1:30 pm</em></td>
</tr>
<tr>
<td>Inkster, MI 48141</td>
<td>Monday - Friday</td>
</tr>
<tr>
<td>734.595.2882</td>
<td>Serving Hour: <em>11:30 am - 12:30 pm</em></td>
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<tr>
<td><strong>Christ Temple Church</strong></td>
<td>Nutritional Food Give Away</td>
</tr>
<tr>
<td>30355 Annapolis Road</td>
<td>w/Gleaners Food Bank</td>
</tr>
<tr>
<td>Westland, MI 48186</td>
<td>2\textsuperscript{nd} &amp; 4\textsuperscript{th} Wednesday of every month</td>
</tr>
<tr>
<td>734.326.3833</td>
<td>Site Hours: 12 Noon until all is gone</td>
</tr>
<tr>
<td><strong>Focus Hope</strong></td>
<td>Food Pantry</td>
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<tr>
<td>759 Inkster Road</td>
<td>Monday - Friday</td>
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<tr>
<td>Inkster, MI 48141</td>
<td>Site Hours: <em>10:00 am - 6:00 pm</em></td>
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<td>313.494.4600</td>
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<tr>
<td><strong>Home Bound Senior Meals</strong></td>
<td>Food Pantry</td>
</tr>
<tr>
<td>30712 Michigan Avenue</td>
<td>Monday - Friday</td>
</tr>
<tr>
<td>Westland, MI 48186</td>
<td>Site Hours: <em>8:00 am - 4:30 pm</em></td>
</tr>
<tr>
<td>734.727.7357</td>
<td>Delivery: <em>10:00 am - 1:00 pm</em></td>
</tr>
<tr>
<td><strong>New Birth Baptist</strong></td>
<td>Groceries: 1 box per household</td>
</tr>
<tr>
<td>27628 Avondale</td>
<td>Low Income</td>
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<tr>
<td>Inkster, MI 48141</td>
<td>Every 3\textsuperscript{rd} Friday of the month</td>
</tr>
<tr>
<td>313.563.1705</td>
<td>Site Hours: <em>11:00 am – 12:30 pm</em></td>
</tr>
<tr>
<td><strong>St. Clements Episcopal Church</strong></td>
<td>Food Pantry: 55 + and low income</td>
</tr>
<tr>
<td>4300 Harrison</td>
<td>Monday - Thursday from 9 am - 2 pm</td>
</tr>
<tr>
<td>Inkster, MI 48141</td>
<td>Food Pantry: Every 3rd Thursday</td>
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<td></td>
<td>Site Hours: <em>8:00 am - 11:30 am</em></td>
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<tr>
<td></td>
<td>Thanksgiving Baskets</td>
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</table>
## LOCAL FOOD DISTRIBUTION SITES

<table>
<thead>
<tr>
<th>Location</th>
<th>Distribution/Service</th>
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<tbody>
<tr>
<td><strong>St. James United Methodist</strong></td>
<td>Food Commodity</td>
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<tr>
<td>30055 Annapolis Road</td>
<td>Low Income</td>
</tr>
<tr>
<td>Westland, MI 48186</td>
<td>Every 2\textsuperscript{nd} Monday of each month</td>
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<tr>
<td>734.729.1737</td>
<td>Site Hours: 10:00 am - 1:00 pm</td>
</tr>
<tr>
<td><strong>Twin Towers</strong> (must be a resident)</td>
<td>Wayne County Senior Lunches</td>
</tr>
<tr>
<td>2000 Inkster Road</td>
<td>Site Hours: 9:30 am - 1:00 pm</td>
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<tr>
<td>Inkster, MI 48141</td>
<td>Monday - Friday</td>
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<tr>
<td>313.561.2383</td>
<td>Serving Hour: 11:30 am - 12:30 pm</td>
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<tr>
<td><strong>Christ Temple City of Refuge</strong></td>
<td><strong>Mother’s Pantry</strong></td>
</tr>
<tr>
<td>27715 Carlyle</td>
<td>11:00 am – 12:00 pm</td>
</tr>
<tr>
<td>734.709.7806</td>
<td>Thursday - Friday</td>
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<tr>
<td></td>
<td>Partnership with Gleaners</td>
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</tbody>
</table>
RESOURCES FOR FIRST TIME HOME BUYERS

HUD Approved Counseling Agencies

Faith Community Homebuyer’s Program
1239 Washington Blvd, Detroit, MI 48226
Phone: 313.963.5300 / E-mail: tsand@aol.com
Type of Counseling: Pre-purchase, post purchase, rehabilitation, homebuyer education and home improvement.

Greenpath Debt Solutions
38545 Ford Rd, Ste. 202, Westland, MI 48185-7901
Phone: 734.326.4466 / Fax: 734.326.3060
Type of Counseling: HECM, default/foreclosure, rental, pre-purchase and reverse mortgages for seniors.

Care Developers
17340 W. 12 Mile Road, Ste. 103, Southfield, MI 48076
Phone: 248.423.4228
Types of Counseling: Home buyer education, credit, reverse mortgages for seniors, special needs and post-purchase.

MSHDA Certified Homelinks Counselors

<table>
<thead>
<tr>
<th>Agency Name</th>
<th>City</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Care Developers</td>
<td>Westland</td>
<td>734.522.9626</td>
</tr>
<tr>
<td>Community Housing Alternatives</td>
<td>Ypsilanti</td>
<td>734.482.6585</td>
</tr>
<tr>
<td>Liberty Hill Housing Corporation</td>
<td>Wayne</td>
<td>734.722.5161</td>
</tr>
<tr>
<td>Wayne Metro Comm. Action Agency</td>
<td>Ecorse</td>
<td>313.843.2550</td>
</tr>
</tbody>
</table>

Wayne County Economic Development Department
First Time Homebuyer Program

If you can save $1,000, you can own your first home. Wayne County will assist you with down payment and closing costs for purchases in any one of the County’s 37 HOME Program communities (including Inkster). Loans of $5,000 are available for existing houses and $10,000 is available for newly constructed homes. These funds are made available thru the U.S. Department of Housing and Urban Development.
RESOURCES FOR FIRST TIME HOME BUYERS

Income requirements range from $39,150 for a one person household to $73,800 for an eight person household. Participation in homebuyer education program is also required. For more information, contact the National Faith Home Buyers Program @ 313.255.9500.

Helpful Web Addresses

www.nfcc.org - The National Foundation for Credit Counseling (NFCC) provides budget and finance counseling to manage debt. Call 800.388.2227 for the nearest Neighborhood Financial Care Center.

www.michigan.gov/mshda - The Michigan State Housing Development Authority provides housing assistance and resources, including counseling. Call 800.327.9158 and ask about HOMELINKS and the Single Family Program.

www.hud.gov - US Department of Housing and Urban Development or HUD Homes Hotline. Call 800.767.4483 or contact the local office:

Patrick V. McNamara Federal Office Building
477 Michigan Avenue, Suite 1700
Detroit, MI 48226
313.226.7900

www.mcibreo.com - For information on HUD homes.

www.fanniemae.com/index.html - Fannie Mae is the nation’s largest source of financing for home mortgages and multifamily housing. Call 800.7FANNIE.

www.freddiemac.com - Provides extensive pre-purchase guides and calculators, affiliated lenders, home-buying programs, affordable housing initiatives and much, much more.

www.mirealtors.com - Michigan Association of Realtor’s site features information for and about realtors across the state, including statistics about home sales compared to the previous year. Call 800.454.7842.

www.realtor.com - Find a realtor or a lender. Call 800.874.6500.
RESOURCES FOR FIRST TIME HOME BUYERS

www.marketplac detroit.com/homes - Features more than 10,000 listings provided by Real Matrix Multiple Listing Service, mortgage rate information, providers and other information.

www.bankrate.com - Find interest rates across the country.

www.nfcc.org - The National Foundation for Credit Counseling (NFCC) provides budget and finance counseling to manage debt. Call 800.388.2227 for the nearest Neighborhood Financial Care Center.

**Obtain a Credit Report**

<table>
<thead>
<tr>
<th>Credit Bureau</th>
<th>Phone Number</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Equifax</td>
<td>800.685.1111</td>
<td><a href="http://www.equifax.com">www.equifax.com</a></td>
</tr>
<tr>
<td>Experian</td>
<td>888.EXPERIAN</td>
<td><a href="http://www.experian.com">www.experian.com</a></td>
</tr>
<tr>
<td>Trans Union Corporation</td>
<td>800.916.8800</td>
<td><a href="http://www.transunion.com">www.transunion.com</a></td>
</tr>
</tbody>
</table>

Under federal guidelines, beginning in March 2005, Michigan residents may obtain one free credit report per year from each agency with one order form by logging on to www.annualcreditreport.com, by calling 877.322.8228, or by mailing a request to Annual Credit Report Service, P.O. Box 105281, Atlanta, GA 30348-5281.

If you believe that a lender, realtor, broker or landlord has discriminated against you because of your race, ethnic background, color, religion, family status, sex, handicap or national origin, contact one of the following:

1) The Fair Housing Center of Metropolitan Detroit
   313.963.1274
   FHCDET@mail.com

2) The Fair Housing Enforcement Center
   US Department of Housing and Urban Development
   800.669.9777 or 800.927.9275 TDD for the hearing impaired

3) The Michigan Department of Civil Rights
   800.482.3604 or TTY (Detroit) 800.961.1552 for the hearing impaired
<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>America Academy of Ophthalmology (eye care)</td>
<td>800.222.3937</td>
</tr>
<tr>
<td>Alzheimer’s &amp; Related Disorders Center</td>
<td>800.272.3900</td>
</tr>
<tr>
<td>American Cancer Society</td>
<td>800.ACS.2345</td>
</tr>
<tr>
<td>American Council for the Blind</td>
<td>800.424.8666</td>
</tr>
<tr>
<td>American Diabetes Association</td>
<td>800.232.3472</td>
</tr>
<tr>
<td>American Paralysis Association</td>
<td>800.225.0292</td>
</tr>
<tr>
<td>American Parkinson’s Disease Association</td>
<td>800.223.2732</td>
</tr>
<tr>
<td>American Podiatric Associations</td>
<td></td>
</tr>
<tr>
<td>Arthritis Foundation</td>
<td>800.283.7800</td>
</tr>
<tr>
<td>Auto Repair Complaints</td>
<td>800.292.4204</td>
</tr>
<tr>
<td>Cancer Information Center</td>
<td>800.422.6237</td>
</tr>
<tr>
<td>Dental Care for Seniors</td>
<td>800.589.2632</td>
</tr>
<tr>
<td>Eldercare Locator Service</td>
<td>800.677.1116</td>
</tr>
<tr>
<td>Energy Assistance</td>
<td>800.292.5650</td>
</tr>
<tr>
<td>Food and Drug Administration (FDA)</td>
<td>888.463.6332</td>
</tr>
<tr>
<td>Hill-Burton Information on Free Health Care</td>
<td>800.638.0742</td>
</tr>
<tr>
<td>Home Delivered Meals</td>
<td>800.851.1454</td>
</tr>
<tr>
<td>Hospice</td>
<td>800.331.1620</td>
</tr>
<tr>
<td>Lawyer Referral</td>
<td>800.968.0738</td>
</tr>
<tr>
<td>Legal Hotline for Seniors</td>
<td>800.347.5297</td>
</tr>
<tr>
<td>Legislative Update</td>
<td>800.292.5823</td>
</tr>
<tr>
<td>Medicare Appeals</td>
<td>800.365.5899</td>
</tr>
<tr>
<td>Medicare Inquiry</td>
<td>800.482.4045</td>
</tr>
<tr>
<td>Michigan Parkinson’s Foundation</td>
<td>800.852.9781</td>
</tr>
<tr>
<td>National Caregivers Association</td>
<td>800.896.3650</td>
</tr>
<tr>
<td>National Heart, Lung &amp; Blood Institute</td>
<td>800.575.9355</td>
</tr>
<tr>
<td>National Institute on Aging (NIA)</td>
<td>800.222.2225</td>
</tr>
<tr>
<td>National Volunteering Hotline</td>
<td>800.865.8683</td>
</tr>
<tr>
<td>Nursing Home/Long Term Care</td>
<td>800.292.7852</td>
</tr>
<tr>
<td>Physically Impaired Association of Michigan</td>
<td>800.274.7426</td>
</tr>
<tr>
<td>Women’s Health Information Center</td>
<td>800.994.9662</td>
</tr>
<tr>
<td>Prescription Drug Credit (Form)</td>
<td>800.367.6263</td>
</tr>
<tr>
<td>Social Security</td>
<td>800.772.1213</td>
</tr>
<tr>
<td>Taxpayers Assistance (State)</td>
<td>800.487.7000</td>
</tr>
<tr>
<td>Taxpayers Information (Federal)</td>
<td>800.829.1040</td>
</tr>
<tr>
<td>Utilities (Public Service Commission)</td>
<td>800.292.9555</td>
</tr>
<tr>
<td>Veteran’s Information &amp; Assistance</td>
<td>800.827.0648</td>
</tr>
</tbody>
</table>
City of Inkster

Chateau Hill Place
213 Henry Ruff 734.729.7722

Cherry Hill Place
29477 Cherry Hill 734.595.2882

Thompson Towers
27727 Michigan Avenue 313.565.3022

Twin Towers
2000 S. Inkster Road 313.561.2420

St. Clement’s Manor
4009 Northland 734.728.0790
GRANDPARENTS RAISING GRANDCHILDREN INFORMATION

Adult Well-Being Services
313.924.7860
www.awbs.org

Adult Well-Being Services can provide the following information, education and prevention activities at sites throughout Western and Southern Wayne County:

- Help obtaining benefits and locating other community resources
- Support Groups
- Brief Counseling Services
- Substance Abuse Information and Referral for Treatment
- Caregivers Workshops/Conference
- Information on Parenting Skills

*Helping people live as independently as possible since 1953.*

The Elder Law Center
313.937.8291

The Elder Law Center provides legal assistance on the following:

- Guardianship
- Visitation
- Foster Care/Adoption
- School Enrollment
- Medicaid/Medicare
- Public Benefits
- Special Needs Trusts
- Life Planning

The Children & Youth Initiative, Inc.
Grandparent Program
313.912.7795 or 734.326.7360

See Community Organizations, Programs, and Services – The Children & Youth Initiative, Inc. Grandparent Program for more information on services that are provided by this organization.
HOMELESS SERVICES

Neighborhood Legal Services – Michigan
Project Permanency – Project Permanency One Housing Initiative
455 W. Fort St., Suite 214 - Detroit, MI  48226
Phone: 313.964.1975    Fax: 313.964.4354

Financial assistance for housing and related expenses may be available to help.

Client Eligibility Requirements – Homeless Documentation Only


2. Shelter Verification Letter.

3. Order to Vacate/Condemnation.

4. Personal Protection Order or a Police Report verifying client is a victim of Domestic Violence.

5. Is in transitional or supportive housing for homeless persons.

6. Is being discharged from an institution within a week and has been a resident for more than 30 consecutive days and no subsequent residence has been identified and he/she lacks the resources and support networks needed to obtain housing.

7. Affidavit of homelessness (handwritten note detailing homeless situation from client) indicating that the client is in places not meant for human habitation, such as parks, cars, sidewalks and abandoned buildings.

8. Eviction by friend or family member, a statement describing the reason for eviction should be signed by the friend/family member and dated. In other cases where there is not a formal eviction process, persons are considered evicted when they are forced out of the dwelling unit by circumstances beyond their control. The grantee must obtain a signed and dated statement from the participant describing the situation. The grantee must make efforts to confirm validity of the situation.
# HOMELESS SERVICES

## Detroit and Out Wayne County Shelter &
Other Homeless Assistance Telephone Numbers

### Family Shelters

<table>
<thead>
<tr>
<th>Shelter</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Capuchin Soup Kitchen</td>
<td>313.579.2100</td>
</tr>
<tr>
<td>Carriage Town Ministries</td>
<td>810.233.8787</td>
</tr>
<tr>
<td>Cass Community United Methodist Church (Detroit)</td>
<td>313.833.2277</td>
</tr>
<tr>
<td>Coalition on Temporary Shelters (COTS) (Detroit)</td>
<td>313.831.3777</td>
</tr>
<tr>
<td>Covenant House</td>
<td>313.463.2000</td>
</tr>
<tr>
<td>Detroit Rescue Missions Ministries</td>
<td>313.531.3400</td>
</tr>
<tr>
<td>Doorstep West (Detroit)</td>
<td>313.867.0111</td>
</tr>
<tr>
<td>Eastside Emergency Center</td>
<td>313.824.3060</td>
</tr>
<tr>
<td>Genesis House II</td>
<td>313.331.8990</td>
</tr>
<tr>
<td>Helping Hands Westland</td>
<td>734.238.0551</td>
</tr>
<tr>
<td>Grace Center of Hope</td>
<td>248.334.2187</td>
</tr>
<tr>
<td>Harbor Light Center for Women &amp; Children (Detroit)</td>
<td>313.361.6136</td>
</tr>
<tr>
<td>Lakewood Manor Transitional Housing for Women &amp; Children (Detroit)</td>
<td>313.821.0469</td>
</tr>
<tr>
<td>Lighthouse Ministries Warming Center (Westland)</td>
<td>734.326.3885</td>
</tr>
<tr>
<td>New Beginnings Westland</td>
<td>734.238.0551</td>
</tr>
<tr>
<td>Rescue Mission Ministries Transitional (Detroit)</td>
<td>313.883.5614</td>
</tr>
<tr>
<td>Salvation Army Downriver Corps.</td>
<td>734.282.0930</td>
</tr>
<tr>
<td>Simon House (women with HIV only) (Detroit)</td>
<td>313.831.2299</td>
</tr>
<tr>
<td>SOS Community Services, Inc.</td>
<td>734.485.8730</td>
</tr>
<tr>
<td>South Oakland Shelter</td>
<td>248.546.6566</td>
</tr>
<tr>
<td>Warming Center (Detroit)</td>
<td>313.832.0310</td>
</tr>
<tr>
<td>Wayne County Family Shelter (Westland)</td>
<td>734.721.0590</td>
</tr>
<tr>
<td>YWCA Interim House (women &amp; families) (Detroit)</td>
<td>313.861.5300</td>
</tr>
<tr>
<td>1-800-A-SHELTER</td>
<td>800.274.3583</td>
</tr>
</tbody>
</table>

### Minors and Teens Shelters

<table>
<thead>
<tr>
<th>Shelter</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alternatives for Girls (females only) (Detroit)</td>
<td>313.361.4000</td>
</tr>
<tr>
<td>Covenant House (ages 18 – 22) (Detroit)</td>
<td>313.463.2000</td>
</tr>
<tr>
<td>Day House (Detroit)</td>
<td>313.963.4539</td>
</tr>
<tr>
<td>Father Pat’s Teen Moms/First Pregnancy</td>
<td>734.761.1440</td>
</tr>
<tr>
<td>Federation of Youth Services</td>
<td>313.571.4707</td>
</tr>
<tr>
<td>Genesis House I (teen mothers) (Detroit)</td>
<td>313.993.6692</td>
</tr>
<tr>
<td>Lula Bell Stewart (teen mothers) (Detroit)</td>
<td>313.867.2372</td>
</tr>
</tbody>
</table>
## Homeless Services

<table>
<thead>
<tr>
<th>Service Type</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Homeless Services</strong></td>
<td></td>
</tr>
<tr>
<td>Off the Streets (runaway shelter)</td>
<td>313.873.0678</td>
</tr>
<tr>
<td>Salvation Army – Denby Center (Detroit)</td>
<td>313.537.2130</td>
</tr>
<tr>
<td>Wolverine Human Services (Detroit)</td>
<td>313.822.2400</td>
</tr>
<tr>
<td>Counterpoint – Starfish Family Services (Inkster)</td>
<td>313.563.5005</td>
</tr>
</tbody>
</table>

| **Single Individual Shelters**                    |                     |
| Alpha House                                       | 734.822.0220        |
| Catholic Services of Wayne County                | 313.883.2100        |
| Common Ground Sanctuary                           | 248.547.2260        |
| Detroit Rescue Mission                            | 313.993.6703        |
| Homeless Hotline (Detroit)                        | 313.963.7829        |
| Harbor Light Center (men only) (Detroit)          | 313.963.5604        |
| Heartline (women only) (Detroit)                  | 313.923.4200        |
| Interfaith Shelter                                | 517.789.8735        |
| Mariner’s Inn Transitional Housing (men only)     | 313.962.9446        |
| Metromatrix Human Services                        | 313.824.0499        |
| Operation Get Down (Detroit)                      | 313.921.9422        |
| Oasis (men only) (Detroit)                        | 313.868.1946        |
| Salvation Army Brightmoor Corp. (Detroit)         | 313.532.1281        |
| Salvation Army Staples Center                     | 734.761.7750        |
| Shelter Association of Washtenaw County           | 734.662.2829        |
| 1-800-A-SHELTER                                   | 800.274.3583        |

| **Victims of Domestic Violence Shelters**         |                     |
| Bay Area Women’s Shelter                          | 800.834.2098        |
| Day House (Detroit)                               | 313.963.4539        |
| First Step (Plymouth/Wayne/Taylor)                | 888.453.5900        |
| Genesis House II (Detroit)                        | 313.331.8990        |
| Haven                                             | 877.922.1274        |
| LaCasa                                            | 810.227.7100        |
| My Sister’s Place (Detroit)                       | 313.371.3900        |
| Shelter, Inc.                                     | 989.356.2560        |
HIV/AIDS INFORMATION

Call to Action

- Are you at risk for contacting HIV?
- Do you know the facts about transmission?
- Have you been tested?
- Tests are free and confidential.

For additional information or to get tested, go to your local health department or one of the following agencies:

AIDS Partnership - Michigan
2751 East Jefferson Ave., Suite 301 - Detroit, MI
313.446.9800

Detroit Department of Health and Wellness Promotion
1151 Taylor, Room 253-B - Detroit, MI
313.876.0756

Community Health Awareness Group
3028 East Grand Blvd. - Detroit, MI
313.872.2424

Horizon’s Project t- Children’s Hospital
3127 E. Canfield - Detroit, MI
313.924.9486

Call: 1.800.872.AIDS (2437)
QUICK REFERENCE NUMBERS

**Alcohol & Drug Abuse**
Alcoholics Anonymous Southeast MI Hotline       877.337.0611
Alcoholics Anonymous Hotline - Wayne County      313.831.5550
Catholic Social Services                         313.883.2337
Detroit Central Diagnostic & Referral          800.467.2452
Fetal Alcohol Syndrome Treatment & Referral Service FAS Char 313.993.3891
Latino Family Services                          313.841.7380
Michigan Rehabilitation Services               313.886.8275
                                      or 313.792.9286
National Council on Alcohol & Drug Dependence   313.342.3606
Narcotics Anonymous – Metro Detroit            877.338.1188
Positive Images                                 313.822.6940
Sacred Heart Rehabilitation Center, Inc.       313.579.0430
Self Help Addiction Rehab (SHAR)                313.894-8444

**Attorney General**
Medicaid Provider Fraud Hotline                  800.24.ABUSE

**Cable Television**
Comcast Cable                                    734.943.3100

**Child Abuse**
24 hour Reporting of Abuse/Neglect              800.716.2234
Child Abuse Prevention of Wayne County Task Force 313.583.6401
Children’s Aid Society                          313.961.8100
Children’s Center                                313.831.5535
Wayne County Dept. of Human Services            313.396.0200

**Community Health**
Breast & Cervical Cancer Health Promotion Hotline 800.922.MAMM
Children’s Special Health Care Services Family Hotline 800.359.3722
HIV/AIDS                                        800.872.AIDS
Karmanos Cancer Institute                       800.527.6266
Michigan Problem Gamblers                       800.270.7117
Michigan Resource Center                        800.626.4636
Radon Hotline                                   800.RADON.GAS
Safe Baby Help Line                             866.733.7733
Senior Alliance Medicaid/Medicare Assistance    800.803.7174
QUICK REFERENCE NUMBERS

**Community Health**
- Shelter Help Line  800.963.STAY
- Suicide Help Line  800.SUICIDE
- Toxic and Health Hotline  800.648.6942
- Wayne County Crisis Help Line  313.224.7000
- WIC Help Line & Other Resources for Pregnancy  800.26.BIRTH

**Consumer & Industry Service**
- Public Service Commission Consumer Complaints  800.292.9555

**Environmental Quality**
- Environmental Assistance Center  800.662.9278
- Pollution Emergency Alerting System (PEAS) Hotline  800.292.4706

**Family Independence Agency**
- Child Abuse Help Line  800.942.HELP
- Home Heating Assistance  800.292.5650
- Runaway Assistance  800.292.4517
- Welfare Fraud Hotline  800.222.8558

**Hospitals**
- Annapolis Hospital  734.467.4000
- Garden City Hospital  734.421.3300

**Legislative**
- State Senator Tupac Hunter  517.373.0994

**Michigan Jobs Commission**
- Travel Information  800.356.2079

**Natural Resources**
- Parks Central Reservation  800.44.PARKS
- Report All Poaching  800.292.7800

**Newspaper**
- The Journal Newspaper  734.729.4000
- Telegram Newspaper  313.928.2955
QUICK REFERENCE NUMBERS

Social Security
Social Security Administration 800.772.1213

Support Group
Alcohol & Drug Use 800.213.6104

Transportation
Report Rest Area Conditions 800.654.8787
Report Littering 800.44.TRASH

Treasury
Income Tax Information 800.487.7000
Michigan Education Trust 800.MET.4.KID
Tax Forms 800.FORM.2.ME

Utilities
DTE - Detroit Edison 800.477.4747
DTE - Michigan Consolidated Gas 800.942.5571
Water Department - City of Inkster 313.563.7704
## Foreclosure Resources & Programs Available to Wayne County Residents

### Hotlines & Referrals

<table>
<thead>
<tr>
<th>Agency Name</th>
<th>Contact Information</th>
<th>Type of Assistance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Homeownership Preservation Foundation</td>
<td>888.995.HOPE <a href="http://www.995hope.org">www.995hope.org</a></td>
<td>Foreclosure intervention, Prevention and local affiliate referral</td>
</tr>
<tr>
<td>United Way</td>
<td>2-1-1 <a href="http://www.unitedway.org">www.unitedway.org</a></td>
<td>Referrals-only; caller provided with national and local affiliates based on their individual circumstances</td>
</tr>
</tbody>
</table>

### Community-based Housing Counseling Agencies & Programs

<table>
<thead>
<tr>
<th>Agency Name</th>
<th>Contact Information</th>
<th>Type of Assistance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Abayomi Community Development Corporation</td>
<td>313.541.9828</td>
<td>Free homebuyers education, Foreclosure prevention, Credit repair, Property Improvement, Financial Management and Home Maintenance</td>
</tr>
<tr>
<td>Bethel Housing Counseling Agency</td>
<td>313.972.1111</td>
<td>Mortgage Delinquency and Default Resolution; pre-purchase; post-purchase; fair housing; loss mitigation; money management; Reverse mortgage.</td>
</tr>
<tr>
<td>Center for Community Justice &amp; Advocacy</td>
<td>313.832.4788</td>
<td>To educate the low-moderate income residents of Southeast Michigan about human, civil, and constitutional rights, which further creates self sufficiency and economically stable communities.</td>
</tr>
<tr>
<td>Detroit Non-profit Housing Corporation</td>
<td>313.972.1125</td>
<td>Call for services.</td>
</tr>
<tr>
<td>Family Tree, Inc.</td>
<td>313.962.2329</td>
<td>Homeownership; foreclosure prevention; Emergency food program; P.U.R.E. (teen program)</td>
</tr>
<tr>
<td>Greenpath, Inc.</td>
<td>888.860.4167</td>
<td>Debt counseling &amp; coaching; Debt management Program; Housing Counseling; Credit report; Financial Education; Bankruptcy; and self-evaluation</td>
</tr>
<tr>
<td>Mission of Peace (Branch Office)</td>
<td>313.967.0140</td>
<td>Counseling: Budget, Credit, Pre-Purchase, Post-Purchase; Affordable housing; Individual Development; Mission of peace loan; Rental issues; Homebuyers Club; Life Skills; Nutrition</td>
</tr>
<tr>
<td>National Faith Homebuyers</td>
<td>313.255.9500</td>
<td>Down payment and Foreclosure Assistance</td>
</tr>
<tr>
<td>New Hope CD Non-Profit Housing Corporation</td>
<td>313.255.6275</td>
<td>Financial literacy; Credit counseling; Pre/Post purchase; and foreclosure prev.</td>
</tr>
</tbody>
</table>
# FORECLOSURE RESOURCES & PROGRAMS AVAILABLE TO WAYNE COUNTY RESIDENTS

<table>
<thead>
<tr>
<th>Agency Name</th>
<th>Contact Information</th>
<th>Programs &amp; Resources</th>
</tr>
</thead>
<tbody>
<tr>
<td>SouthWest Housing Solutions</td>
<td>313.841.9641</td>
<td>Foreclosure Mitigation Counseling; Homebuyer Education; Detroit GreenWorks Solutions; Center for Working Families; Southwest Lending Solutions HVRP; Adult Learning Lab</td>
</tr>
<tr>
<td>Wayne County Mortgage Foreclosure Prevention Program</td>
<td>313.833.2054</td>
<td>Education and Awareness; Counseling; Intervention</td>
</tr>
</tbody>
</table>

### Governmental and quasi-governmental agencies

<table>
<thead>
<tr>
<th>Agency Name</th>
<th>Contact Information</th>
<th>Programs &amp; Resources</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>MSHDA</strong></td>
<td>313.456.3540 Detroit office 517.373.8370 Lansing office <a href="http://www.michigan.gov/mshda">www.michigan.gov/mshda</a></td>
<td>Foreclosure programs and resources; Down Payment Assistance; funds housing rehabilitation assistance programs; offers rental assistance programs;</td>
</tr>
<tr>
<td><strong>HUD</strong></td>
<td>313.226.7101 1.800.569.4287 <a href="http://www.hud.gov">www.hud.gov</a></td>
<td>Foreclosure resources; funds down payment programs; funds housing rehabilitation programs; funds public housing and rental assistance programs;</td>
</tr>
<tr>
<td><strong>FHA</strong></td>
<td>1.800.CALL.FHA <a href="http://www.fha.gov">www.fha.gov</a></td>
<td>Offers FHA Secure refinance program; loss mitigation with FHA-insured mortgages; referral services.</td>
</tr>
</tbody>
</table>
COMMUNITY ORGANIZATIONS, PROGRAMS & SERVICES
Alcoholics Anonymous  
P.O. Box 1014  
Inkster, MI  
Melvin Sanks 734.502.8285  
www.aa.org or www.area33.org (for AA Locations near you)

“Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem or help others to recover from alcoholism”.

“The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.”

_A.A. Meetings are held_  
@ The South West Block Club  
located at 3508 Harrison (Corner of Harrison and Beech)  
Inkster, Michigan 48141

AA Meetings are held 3 times a week as follows:

_Friday @ 6:00 pm_  
_Sunday @ 2:00 pm_  
_Monday @ 11:00 am_

We sign court slips at the end of each meeting. We also have attendance slips at each meeting.

TWELVE STEPS and TWELVE TRADITIONS
The American Red Cross, Southeastern Michigan Chapter is a humanitarian organization led by volunteers that provide relief to disaster victims, support to active and veteran military personnel and their families and the knowledge and skills to help our community prevent, prepare for and respond to emergencies. We are volunteer-driven and reflect the diversity of Wayne, Oakland and Macomb counties. As part of the international Red Cross network, we are dedicated to protecting human life and dignity worldwide.

Aquatics & Lifeguarding 313.546.4101
Armed Forces Emergency Services 313.833.8816
CEU’s for Nurses 313.576.4133
Child Care Training 313.576.4127
Church Nursing Classes 313.576.4127
Community CPR First Aid 313.576.4100
Community Disaster Education 313.494.2702
Disaster Relief (24 Hours) 800.774.6066
Employment 313.494.3845
Financial Contributions 800.435.7669
HIV/AIDS Education 313.576.4127
International Tracing Services 800.774.6066
LIFELINE Service 800.959.6989
Nurse Assistant Competency Testing 313.756.4120
Nurse Assistant Training 313.576.4120
or 313.576.4130
Workplace Programs (CPR/First Aid/Health) 313.576.4106
Volunteering 800.552.5466
or 313.494.2863
Booker T. Dozier Recreation Complex  
2025 Middlebelt Road  
Inkster, MI 48141  
Phone: 734.728.7530    Fax: 734.728.3310

Office Hours  
Monday through Friday  
9:00 am - 5:00 pm

Recreation Complex Hours  
Monday through Friday  
11:00 am - 9:00 pm  
Saturday and Sunday  
10:00 am - 9:00 pm

WINTER/SPRING ACTIVITIES

CHRISTMAS TREE LIGHTING CEREMONY  
The Tree Lighting Ceremony is held the first Wednesday in December at Inkster City Hall. Join us as we sing Christmas carols, drink hot chocolate, eat cookies and await the arrival of Santa.

MEN’S BASKETBALL LEAGUES  
We’re looking for gents ages 18 and over to participate in the Adult Men’s Basketball League. Organizational meetings begin in early January.

YOUTH - JUNIOR - ELEMENTARY BASKETBALL LEAGUE  
These leagues begin in January. Youth from the area form teams and compete against other teams in the surrounding areas.

EASTER EGG HUNT  
Held the Saturday before Easter Sunday at 1:00 pm. Children ages 8 and under are invited to come out and meet the Easter Bunny. Prizes are presented for those who collect the most eggs.

MEMORIAL DAY PARADE  
The Memorial Day Parade is held on Memorial Day, beginning at 12 Noon, from the Cherry Hill Plaza located on the corner of Cherry Hill and Inkster Road. The parade consists of marches, floats, clowns, unique cars, horses and bands from the surrounding area.
SUMMER/FALL ACTIVITIES
LITTLE LEAGUE BASEBALL PROGRAM
This program is for boys and girls ages 4 - 17. Registration begins in March. The program begins in June. Participation in Little League Baseball requires the ability to run, swing a bat, throw and catch a ball and have fun. Parental volunteers are always welcomed.

SUMMER PLAYGROUND ACTIVITY PROGRAM
The Summer Playground Activity Program generally begins the third week in June and ends around the same time in August. The program is for boys and girls ages 6 - 16. They participate in various table games, arts & crafts, field trips, as well as the Bike Rodeo, Metro Youth Fitness Meet, the Little League Baseball Program and Swimming.

FREE INSTRUCTIONAL GOLF LESSONS
Wayne County Parks in cooperation with Inkster Parks and Recreation and the Inkster Valley Golf Club offers free Instructional Golf Lessons for boys and girls ages 8 - 17 at the Inkster Valley Golf Course. This program begins in the month of June. All facets of golf are introduced. The swing, woods, irons, short game, scoring and etiquette are all part of this program.

INKSTER SUMMERFEST
The Inkster Summerfest is held in the month of July. Contact Parks and Recreation for the exact date and location. The two day event offers thrilling rides, a fabulous fireworks display, great food, vendors, jazz, blues, gospel music and much, much more. So if you’d like to enjoy a day of fun and thrills, bring the family to the Inkster Summerfest.

INSTRUCTIONAL TENNIS LESSONS
The five week program begins the first week in July for ages 7 to adult. A discount is offered to senior citizens. Lessons are available for beginner, intermediate and advanced players. Individuals are placed in groups according to their skill level and an evaluation by the instructor. Tennis balls and racquets are provided.

ANNUAL TENNIS TOURNAMENT
This event takes place the third weekend in August. Players from surrounding areas come out to compete and have a great time. If you’d like to compete in the tournament or watch the matches, come out and show your support.

AFTER SCHOOL PROGRAM
The After School Program offers a variety of activities conducted throughout the year for elementary school students. The program takes place from September through
March. Activities include: table games, arts & crafts, field trips, instructional and competitive team and individual sports such as flag football, floor hockey, volleyball, basketball and track & field. To be eligible for the program, you must be registered with the school in your area. Contact your school or Parks and Recreation to see if the program is available.

ANNUAL HALLOWEEN PARTY
This event is always held on Halloween. Prizes, games, costume contests, trick or treat bags and refreshments are all part of this fun filled evening. The party is provided as a safe alternative to the traditional door-to-door trick or treating activities. Adult chaperones are invited to share in the fun.

SENIOR CITIZEN’S PROGRAMS
The Complex has many recreational programs for seniors in our community. Senior Citizens meet at the Complex on Thursday’s and play cards and various board games. They also participate in workshops and field trips. We also offer exercise classes, walking programs and computer classes for your pleasure.
# Child Care Coordinating Council (4C’s)

<table>
<thead>
<tr>
<th>The Family Place</th>
<th>Main Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>8726 Woodward Avenue</td>
<td>Detroit – Wayne County</td>
</tr>
<tr>
<td>Detroit, MI 48202</td>
<td>2151 E. Jefferson Avenue</td>
</tr>
<tr>
<td>313.664.0700</td>
<td>Suite 250</td>
</tr>
<tr>
<td></td>
<td>Detroit, MI 48207</td>
</tr>
<tr>
<td></td>
<td>313.259.4411</td>
</tr>
</tbody>
</table>

**Mission Statement**

The 4C mission is to educate, support and empower families, communities and service programs to provide quality care and environments for all children and to promote within strong family units the development of children to their full potential and well being.

4C strives to achieve its mission through partnerships and with the involvement support of all sectors of the community. 4C is a private 501 (c)3 non-profit education organization governed by an active Board of Directors representative of the diversity of Wayne County's population, communities and sectors. 4C is funded by public and private contracts and tax deductible contributions. Membership is open to anyone who resides or works in Wayne County. Detroit/Wayne County is a member agency of the United Way for Southeastern Michigan.

4C Services are available to anyone working with and/or on behalf of children, youth, families, parents and grandparents and other family members, providers of services to children youth and families, businesses and labor, faith-based and community leaders in Wayne County.

**Core Services**

*Resource and Referral Services*

The community looks to 4C to be an information and education resource for concerns and services related to children, youth and families. 4C maintains up to date computer databases on community services for children, youth and families including parent education, regulated child day care, after school programs, health, mental health, recreation and education programs. 4C staff are available to speak to community groups and to participate in community information fairs. Our services are for all Wayne County Residents.

*For more information, please call Lisa Bates-Hicks, Program Specialist at 313.259.4411.*
**Child Development and Family Life Education Services**

4C parent education services include individual consultations, home visits, child developmental screenings, workshops, free pamphlets, brochures and other educational materials. Information and classes are available for over 50 topics such as single parenting, family/work life management, positive discipline techniques, stages of child and adolescent development, community resources and consumer advocacy. Service Programs include:

- Great Parents, Great Start Home Visiting & Parent - Child Learning Groups
- Family to Family
- Early Learning Literacy Center
- Parent Child Literacy Programs

For more information regarding the above services please contact Lisa Bates-Hicks, Training Manager at 313.259.4411, ext. 317 and/or Sandra Malone, Program Specialist, at 313.259.4411, ext. 315.

**Family Support Services**

4C serves as the implementing agency for The Family Place an Early Childhood/Family Development Support Center that serves pregnant women and families with children under the age of eleven. 4C also offers short term financial and vocational assistance for families through its

- Computer Technology & Classes on Microsoft Office (Basic and Advanced)
- Homeless Child Care Grants
- 4C Emergency Child Care Assistance Fund (ECCAF)

For more information regarding the above services please contact Lisa Bates-Hicks, Training Manager at 313.259.4411, ext. 317 and/or Sandra Malone, Program Specialist, at 313.259.4411, ext 315.

**Coordination, Leadership, Advocacy Services**

4C researches and documents child and family needs, service and resource gaps, and emerging community problems. As a leadership organization, 4C brings all sectors together to cooperatively and collaboratively plan, problem solve, advocate and develop resources to improve supports and services for children youth, and families.

- 4C is a major partner in the Wayne County Department of Human Services - Family to Family Foster Care Reform Initiative serving zip codes 48202, 48203, 48204, 48205, 48206, 48227 and 48238.
- 4C facilitates the Mayor's Task Force on Child Abuse and Neglect and the Detroit Area Local Council of the Children`s Trust Fund.
• 4C operates the Detroit Northend Wireless Internet Access Project.

For more information contact Denise Wellons-Glover, Project Director, at 313.664.0700.

Training

The mission of the Detroit/Wayne County 4C as it relates to training is to educate, equip and empower individuals who work directly with children and youth to offer high quality care and education programs. Caregivers and teachers in regulated child care programs (centers, homes, and group homes), relative and aide caregivers, as well as potential caregivers can take 4C skills training at convenient times and at a variety of accessible community locations throughout Wayne County. 4C training supports the development and maintenance of quality care and developmentally appropriate programs for children.

The benefits and outcomes for adults who care for children will be many:
• Increased knowledge and skills
• Help meet Professional Development Goals
• Up to date Resource Information

For more information contact Lisa Bates-Hicks, Training Manager, at 1.313.259.4411, ext. 317.
CBC is an independent, non-profit organization that provides information and advocacy to enhance the self-determination and well-being of long term care consumers in Michigan.

The need for quality long-term care has never been more essential. The need for a consumer organization that will look out for those needing long-term care has never been greater.

- CBC provides help in planning for the care of frail, elderly and disabled adults in licensed long term care facilities.
- CBC provides information about particular nursing homes, homes for the aged, and other long term care programs.
- CBC provides information about laws, rules, and regulations that govern nursing homes and other long term care facilities and services.
- CBC assists in resolving complaints about long term care facilities and services.
- CBC initiates special projects, conducts research, and is actively concerned with legislation affecting the well being of the elderly and others who receive long term care and elder abuse.
- CBC provides information to the general public through publications and a speakers' bureau on topics related to long term care. These include choosing a nursing home, nursing home residents' rights, Medicaid and Medicare benefits for long term care, long term care insurance.
- CBC provides elder abuse prevention training to social workers, discharge planners, attorneys, nursing assistants and other health care and lay people who work in the field of long-term care.

JOIN CITIZENS FOR BETTER CARE.
Department of Human Services (DHS)
(formerly the Family Independence Agency - FIA)
23655 Michigan Avenue
Inkster, MI 48141
313.792.7700

Monday through Friday
8:00 am - 5:00 pm

Michigan Department of Human Services
*Assists children, families and vulnerable adults to be safe, stable and self-supporting.*

**FINANCIAL ASSISTANCE PROGRAMS**

**Family Independence Program (FIP)**
FIP is Michigan’s public assistance (welfare) program, providing cash assistance to families meeting income and eligibility requirements. Together, DHS and the Michigan Department of Labor & Economic Growth administer the Jobs, Education & Training (JET) program, helping FIP clients achieve self-sufficiency by assessing work readiness, overcoming barriers to employment, and providing the education, training, and supports necessary to obtain and sustain employment. Funding is both state and federal. Contact: Local DHS offices.

**Food Assistance Program (FAP)**
The Food Assistance Program (formerly Food Stamps) provides benefits to eligible low-income families and individuals to raise food purchasing power and help improve nutritional health. Benefits are 100 percent federally funded and administrative costs are shared equally between the state and the federal governments. Contact: Local DHS offices.

**State Disability Assistance (SDA)**
The SDA program provides financial assistance to disabled persons who are not eligible for the FIP program (i.e., single adults and childless couples). This program is entirely state-funded. Contact: Local DHS offices.

**State Emergency Relief (SER)**
This program provides temporary financial help to needy persons faced with emergency situations that (1) threaten health and safety, and (2) can be resolved with the SER payment. Payments are made for the minimum amount necessary to resolve the emergency. The program is funded with both state and federal funds. Contact: Local DHS offices.
Low Income Home Energy Assistance Program (LIHEAP)
This program provides assistance to disadvantaged households in meeting the costs of energy. Assistance can be through Michigan’s Home Heating Tax Credit, crisis assistance payments for those facing energy emergencies, and energy related home repair. The program is funded with both state and federal funds. Contacts: Local DHS offices or Home Heating Energy Assistance 1.800.292.5650 or the Home Heating Credit at 1.517.636.4486.

Supplemental Security Income (SSI)
This is a federal program which provides a monthly payment to low income individuals who are aged, blind or disabled. Applications are made at Social Security offices throughout the state. Under agreement with the federal government, DHS Disability Determination Services makes the disability determination for SSI on behalf of the federal government. The federal government funds the program; however, the state supplements the payments. Contacts: Local Social Security Administration offices or the Social Security Administration at 800.772.1213.

Child Development and Care (CDC, formerly Child Day Care)
CDC benefits are provided for eligible families when the parent, legal guardian, or other caretaker is unavailable to provide child care because of employment, educational activities, or a health or social condition for which treatment is being received. Families receiving FIP benefits may receive CDC benefits to support their employment. When the care is provided outside the home, the child care provider must be licensed and payments are made directly to the provider. The program is funded with both state and federal funds. Contact: Local DHS offices.

Child Support Program
The DHS Bureau of Child Support is Michigan’s Title IV-D child support agency. Through a partnership with local friends of the court and county prosecutors, the Bureau of Child Support provides paternity establishment, child support order establishment, health insurance obligation establishment, order enforcement, and collection and distribution services to custodial parents and families. The program is federally, state and locally funded. Contacts: Office of Child Support at 517.373.9202 or the local friend of the court.

Medicaid
Medicaid provides medical assistance to individuals and families who meet the financial and non-financial eligibility factors. The goal of the program is to ensure essential health care services for those who otherwise could not afford them. The Department of Community Health administers the program and the Department of Human Services determines eligibility and implements the program. Contact: Local DHS offices.
Youth in Transition (YIT)
YIT is a funding source available to eligible foster youths or youths exiting the foster care system. These funds can be used to pay for educational needs, job training, independent living skills training, self-esteem counseling, and other supports to equip teens with the skills necessary to function as successful adults. Contact: Local DHS offices.

Educational Training Vouchers (ETVs)
ETVs are scholarships awarded to eligible youths and youths were adopted out of the abuse/neglect/foster care system after their 16th birthday. These awards provide up to $5,000 per year for costs related to attendance at accredited post-secondary educational programs or training. Contacts: Lutheran Social Services of Michigan at 877.660.METV.

SERVICES PROGRAMS

Adoption Services & Adoption Subsidy
The goal of Michigan's Adoption Services Program is to find permanent adoptive placements for foster children as soon as possible following termination of parental rights. Whenever possible, these adoptive placements are with families that have existing relationships or attachments to the children, and where it is possible to keep siblings together. The DHS Adoption Program is responsible for the Central Adoption Registry, which maintains statements from birth parents consenting to or denying access to identifying information in adoption records. The Adoption Subsidy program provides financial support and/or medical subsidy to adoptive families to support the placement of children in Michigan's foster care program who have special needs. The programs are funded with a combination of federal and state dollars. Contacts: Local DHS offices, DHS Adoption Services at 517.373.3513 (requests for information on closed adoption records), Adoption Subsidy Program at 517.373.3513, Michigan Children’s Institute Superintendent at 517.373.3594, and Safe Delivery hotline at 866.733.7733.

Adult Services
Programs include: Adult Community Placement and Adult Foster Care, assisting persons who cannot live independently in finding appropriate living arrangements; Home Help and Physical Disability Services (co-administered by the Department of Community Health), providing payments for personal care assistance and medically necessary equipment and services for eligible individuals; HIV Advocacy and Insurance Assistance; Migrant Services; and the Refugee Assistance Program. Funding is both state and federal. Contacts: Local DHS offices for Adult Services,
Inkster Task Force Community Resource Guide

313.256.1380 or 1.877.FIA.AIDS for HIV information, 517.373.3567 for Migrant Services, and 517.241.7824 for Refugee Services.

**Adult Protective Services (APS)**
The goal of the APS program is to protect vulnerable adults (18 or older) who are at risk of harm due from abuse, neglect, or exploitation. Funding is primarily state. Contacts: Local DHS emergency number listed in the phone book or the family violence help line at 1.800.99.NO.ABUSE.

**Child Abuse Prevention and Family Preservation Services**
Prevention services and family preservation services are a collaborative effort between DHS and many partners at the state and local level. At the local level, multi-purpose collaborative bodies work with DHS to provide services. Funding is both state and federal. Contacts: Local DHS offices or the Division of Community Supportive Services at 517.373.3465.

**Children’s Foster Care**
This program provides placement, supervision, and permanency planning for children who are temporary or permanent court or state wards. The department’s first priority is to provide services that will keep children safe in their own homes when that is possible. When children must come into the foster care system to ensure their safety, the department works with families and community partners in a team approach to safety planning, and make every effort to keep the child with relatives or others who have existing relationships with the children, near family and schools, and together with siblings. The department makes every effort to assure that no child leaves the foster care system without a permanent attachment to a loving adult, through adoption, guardianship, or other permanent connection. Foster care services are provided through a partnership between DHS and private non-profit licensed child placing agencies. Funding is both state and federal. Contact: Local DHS offices.

**Children’s Protective Services (CPS)**
CPS receives and investigates allegations of child abuse or neglect by a parent, legal guardian, or adult who lives in the same home as the child; assesses the safety and risk to the child; and intervenes appropriately. DHS has only investigative authority; enforcement authority is with the police and courts. Anyone may make a complaint if abuse or neglect is suspected. The identity of the reporting person is confidential. Funding is both state and federal. Contacts: Local DHS emergency number listed in the phone book or the Child Abuse toll free line at 800.942.4357.
**Family Resource Centers**
The Family Resource Centers are DHS service centers placed within schools to coordinate services according to the goals developed and shared by the family, community, school and other agencies involved. These centers serve as a “one stop shop” for family services located within or near a neighborhood school. Currently, there are 54 Family Resource Centers statewide. Contact: Family Resource Center office at 517.241.5718.

**Juvenile Justice**
The Juvenile Justice program has responsibility for youths between the ages of 12 and 21 who have violated the law and are committed to DHS by the court. Based on an assessment of each youth and their need for security, they are placed in either community-based settings, a private residential facility or a DHS operated residential facility. Funding is both state and federal. Contacts: Local DHS offices or the DHS Office of Juvenile Justice 517.335.3489 or for Education Services for youths in DHS juvenile justice programs at 517.335.1438.

**Michigan Children’s Institute (MCI)**
The Michigan Children's Institute was created to assure the proper care of children needing services from the state. The law established the MCI superintendent as the legal guardian for children committed to MCI when parental rights have been terminated. Contact: Michigan Children's Institute at 517.335.6421.

**Migrant Services**
Migrant Services coordinates services to over 90,000 migrant agricultural workers and family members every year through 11 regional Migrant Resource Councils and the Michigan Interagency Migrant Services Committee. Contact: Local DHS offices or Migrant Services at 517. 335.6432.

**Native American Affairs and Indian Outreach**
Native American Affairs and Indian Outreach coordinates implementation of federal and state laws, including the Indian Child Welfare Act, to support, protect and strengthen Native American children and their families. Develops programs and policy and coordinates resources, advocacy, training, and technical assistance. The office also provides information and referral to health, education, employment, training, and housing opportunities. Contact: Native American Affairs & Indian Outreach at 517.335.7782.

**Refugee Services**
Refugee Services coordinates a variety of services to eligible refugees. Services include reception and placement, short-term cash and medical assistance,
comprehensive employment services, foster care for unaccompanied minors, and initial health screenings. Contact: Refugee Services at 517.241.7819.

**Runaway and Homeless Youth Services Program**
The Runaway and Homeless Youth Services program provides services to runaway and homeless youths, and when appropriate, to their families. Services are provided through contracts with private agencies. Contact: Runaway and Homeless Youth Services Program at 1.800.292.4517.

**Teen Parent Program**
The Teen Parent program provides comprehensive coordinated services to teen parents in 18 counties to assist in meeting the health and developmental needs of their children. Education, training, and employment services are provided to enhance teen parents’ capacity to independently provide for themselves and their children. Contact: Teen Parent Program at 517.335.6199.

**Volunteer Services**
Volunteer Services recruits, trains, and places volunteers for direct or indirect services to DHS clients or as administrative support for the department. Community Resource Coordinators mobilize and develop community resources and develop opportunities for community service for DHS employees. Contact: Volunteer Services at 517.335.0641

**REGULATORY**

**Bureau of Children and Adult Licensing (BCAL)**
BCAL conducts onsite evaluations to determine compliance with state law and licensing rules, consults with child welfare organization to improve the quality of service, and investigates complaints alleging administrative rules or statute violations. BCAL regulates child welfare agencies, foster parents, child development and care providers, juvenile court operated facilities, adult foster care facilities, homes for the aged, and camps for children or adults. Contact: Local DHS offices or the Bureau of Children and Adult Licensing at 517.241.5462.

**BOARDS AND COMMITTEES**

**Bureau of Community Action and Economic Opportunity**
The Bureau of Community Action and Economic Opportunity (BCAEO) was established to reduce the causes, conditions, and effects of poverty. BCAEO administers Community Services Block Grant (CSBG) and Department of Energy (DOE) weatherization funding, and provides oversight, training, and technical assistance to a network of 30 Community Action Agencies and 2 limited purpose agencies throughout the state. Contact: The Bureau at 517.241.4871.
**Children’s Trust Fund**
A 15-member State Child Abuse and Neglect Prevention Board, which raises and distributes funds to local child abuse prevention direct service providers. Contact: Children’s Trust Fund at 517.373.4320.

**Committee on Juvenile Justice**
A 23-member committee that implements the federal Juvenile Justice Prevention Act. The committee ensures the state’s compliance with the federal law’s core requirements for juveniles and authorizes grants of about $4 million per year from the federal government to local communities for delinquency prevention. Contact: Office of Juvenile Justice at 517.335.6128.

**Domestic Violence Prevention & Treatment Board**
A 7-member multi-disciplinary board which distributes state and federal money to local domestic violence programs and shelters, provides education and training on domestic violence, and coordinates with state and local entities working with families in which domestic violence is present. Contacts: The Board office at 517.335.6388, the family violence help line 1.800.99.NO.ABUSE, Domestic Violence hotline 1.800.799.SAFE or 1.800.787.3224 (TDD LINE), or the local domestic violence program.

**Early Childhood Investment Corporation (ECIC)**
ECIC coordinates implementation of the state’s comprehensive early childhood development system. A public non-profit corporation, ECIC works to ensure the most efficient and effective use of federal, state, and local funds for early childhood programs; to increase public awareness of the need to make Michigan’s youngest children among our highest investment priorities, and to build local early childhood systems through 21 local Great Start Collaboratives. Contact: ECIC at 517.371.9000.

**Governor’s Task Force on Children’s Justice**
A 29-member multi-disciplinary entity that implements the Federal Children’s Justice Act. The Task Force reviews Michigan’s investigative, administration and judicial handling of child abuse, particularly child sexual abuses and makes recommendations for law revisions and system improvements. The Task Force also develops model programs for statewide implementation. All funds are federal. Contact: 517.373.9171.

**Michigan Community Service Commission (MCSC)**
MCSC provides vision and resources to strengthen communities through volunteerism. MCSC provides more than $6.2 million in federal funds to community programs and activities; funds 21 AmeriCorps programs and 33 Learn programs. The MCSC also operates the Governor’s Mentor Michigan program. Contact: MCSC at 517.335.4295.
Juvenile Crime Enforcement Coalition
A seven-member coalition required by federal law to implement the Juvenile Accountability Incentive Block Grant. The coalition develops a coordinated enforcement plan for reducing juvenile crime and authorizes approximately $5 million per year in grants to local governments. Contact: Office of Juvenile Justice 517.241.7497.
**What Is Job Corps?**

Job Corps is a free residential education and training program that each year helps several thousand students between the ages of 16 – 24 gain the experience they need to get a better job and take control of their lives. The program offers you an opportunity to learn a trade, the chance to get your GED or high school diploma and help getting a job. Job Corps also provides you with a counselor who you can call for help for one year after you graduate.

**Education and Training**

- GED
- High School Diploma
- Co-enrollment opportunity with Highland Park Academy for welding
- Work-based learning (WBL) opportunities available in all trades
- Personalized career development plan
- Hands-on training in your chosen trade area
- Youth Links

**Choose Your Trade**

- Advanced Career Training and Off Center Training
- Carpentry
- Clerical
- Computer Repair
- Facilities Maintenance
- Health Occupations
- Painting
- Welding (off center)
Face to Face Outreach Ministry
Equip for Life Family Center
29665 Pine St.
Inkster, MI  48141
313.477.6710

From Afar - We Impress - Up Close - We Impact

Face to Face Outreach Ministry/Equip for Life is a non-profit organization with a mission that is dedicated to raising the standards of residents living in the Inkster community by increasing the quality of educational opportunities, social skills, life skills and supporting the family unit through support and empowerment.

The goal of Face to Face is to build a sense of kinship and community through commitment and support by addressing the family in a holistic approach that includes behavioral, emotional, social and spiritual support. Our outreach program builds the unique strengths and abilities of families to be empowered and resilient in order to affect changes in their lives and to make responsible choices.

Face to Face is housed in a 33,000 square foot elementary school formerly known as Woodson School. Face to Face has provided services to the Inkster community since 1999 and continues to be committed to designing and implementing socially relevant programs which will have the greatest impact on the community.

Program activities include the following:

- Lunch with Us: A free lunch program for children and families.
- Youth field trips to the Detroit Science Center, Metropolitan Park, Charles H. Wright Museum of African American History and the Cultural Center in Chicago, IL.
- Back to School Youth Explosion w/free school supplies, food and youth activities.
- Excel After School Program
  - “Brother’s Keeper” - Male Mentoring Program
  - “School of the Arts: - Modern Dance & Drama
  - “Teen Challenges” - Conflict Resolution Classes
  - Adult Computer Lab & Tutoring

“Joseph Project” Community Outreach
Food & Clothing Supplemental Program - Health & Life Enrichment Seminar’s - Seniors Plus Outreach - David Griffin Sub Block Club - Community Information Center
First Step
24-Hour Help Line: 734.722.6800 or
Toll-Free: 1.888.453.5900

Plymouth Administrative Office
44567 Pinetree Drive - Plymouth, MI 48170
Phone: 734.416.1111  Fax: 734.416.5555
Or
Karen Wilson Smithbauer Center
4400 S. Venoy - Wayne, MI 48184
Phone: 734.722.1772  Fax: 734.722.4311
Or
Redford Office
St. Robert Bellarmine
27150 Westfield - Redford, MI 48239
Phone: 313.937.9791  Fax: 313.937.9793

Free Services for Domestic Violence and Sexual Assault
Serving Western and Downriver Wayne County

The Mission of First Step:
Is to reduce the incidence of domestic and sexual violence and to provide services to individuals affected by these crimes. Prevention of domestic and sexual violence through education, advocacy and appropriate intervention is the ultimate goal of First Step.

- 24-hour Help Line
- 24-hour on-call assault response team
- In-court victim advocacy
- Interim housing
- Safety planning
- Support groups
- Sexual Assault Nurse Examiner (SANE) Forensic Exams
- Counseling
- Legal, court, financial, medical and housing information
- Transitional supportive housing
- Community organizing
- Sexual assault awareness and education
- In-service trainings on domestic violence, sexual assault, elder abuse, workplace violence and more
• Violence prevention programs in schools
• Children’s counseling & support groups
• Children’s art expressions group
Foster Grandparent Program
9851 Hamilton Avenue
Detroit, MI 48202
Tel: 313.883.2100  Fax: 313.883.3957

YOU TO COULD BE A PART OF THIS GROUP!

Foster Grandparent Program (FGP)
Foster Grandparents devote their volunteer service entirely toward disadvantaged or disabled youth.

_Foster Grandparents help these children in many ways:_
- Offering emotional support to child victims of abuse and neglect
- Tutoring children with low literacy skills
- Mentoring troubled teenagers and young mothers
- Caring for premature infants and children with physical disabilities and severe illnesses

_ARE YOU:_
- 55+ YEARS OF AGE
- INTERESTED IN CHILDREN OR SENIORS
- HAVE UP TO 40 HOURS A WEEK TO VOLUNTEER FOR A STIPENDED PROGRAM

_The FOSTER GRANDPARENT PROGRAM:_
Foster Grandparents serve up to 40 hours per week. Some volunteers may qualify to earn a tax-free, hourly stipend. With Foster Grandparents, you’ll receive pre-service orientation, training from the organization where you serve, and supplemental accident and liability insurance while on duty.

_ELIGIBILITY_
Applicant must be 55 years old, physically able and willing to serve up to (40) hours per week and meet income eligibility guidelines. Eligibility may not be restricted on the basis of formal education or employment experience.

Seniors who are interested should call the Foster Grandparent Program at 313.883.2100.

_The SENIOR COMPANION PROGRAM_ is designed for low-income seniors, 55 years of age or older, who are willing and able to serve up to (40) hours per week for a modest tax-free stipend to their peers who have special needs. The dual purpose of
the Senior Companion Program is to create stipend volunteer opportunities for low-income persons, age 55 and over, and individualized care and assistance to other adults over 55, who suffer from a variety of diagnosis and could benefit from a one-to-one relationship.

**ELIGIBILITY**
Applicant must be 55 years old, physically able and willing to serve up to (40) hours per week and meet income eligibility guidelines.

To find out more about **Foster Grandparent opportunities in the Detroit Metro Region**, contact Catholic Social Services of Wayne County at 313.883.2100 or [www.csswayne.org](http://www.csswayne.org)
Girl Scouts of Southeastern Michigan (GSSEM) is a local organization chartered by Girl Scouts of the USA that provides support for Girl Scouting and Girl Scout Troops in Southeastern Michigan.

GSSEM proudly serves nearly 40,000 girls in Genesee, Lapeer, Macomb, Oakland, Sanilac, and St. Clair Counties as well as parts of Livingston, Monroe & Wayne Counties. We have service centers in Clinton Township, Detroit, Flint, Port Huron, and White Lake. Our council is under the leadership of our CEO, Denise Dalrymple, and our Board of Directors.

Since the Girl Scout program is girl-driven, reflecting the ever-changing needs and interests of today’s girls, diversity is more important than ever. The unique geography, landmarks and history of Southeastern Michigan create amazing opportunities for an exciting Girl Scout experience. Girls can explore the art, museums, theater, dance, music and food that exist in our communities.

Who We Are

Girl Scouts of Southeastern Michigan (GSSEM) builds girls of courage, confidence and character, who make the world a better place. Our organization provides a girl-centered, fun-filled, quality leadership experience in partnership with mentoring adults that meets the needs of girl in a fast-changing world and ensures a lifelong connection with Girl Scouting. Partnered with community and infused with the principles of inclusion and diversity, GSSEM is vital and strong, and is the premier organization for girls.

There are over 65,000 Girl Scouts members currently enrolled within Southeastern Michigan. When a girl joins our membership she will:

- Discover her values, skills, and the world around her
- Connect with others in a multicultural environment
- Take action to make a difference in the world
<table>
<thead>
<tr>
<th>Program Level</th>
<th>Grade Level</th>
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<tr>
<td>Daisy</td>
<td>K-1</td>
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<td>Brownie</td>
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<td>4-5</td>
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<td>Cadette</td>
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<td>Senior</td>
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<tr>
<td>Ambassador</td>
<td>11-12</td>
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Girl Scouts is the world’s largest organization dedicated to helping all girls everywhere build character and gain skills for success in the real world. Through its membership in the World Association of Girl Guides and Girl Scouts (WAGGGS), Girl Scouts is part of a worldwide family of 8.5 million girls and adults in 144 countries.

To find out more information about a Girl Scout Program in your area, please call 800.482.6734.
Golden Gate Lodge #973
3747 Inkster Road
Inkster, MI 48141
313.561.9112

Clarence Oden, Jr., Exalted Ruler
Al Myrick, Acting Financial Secretary

Golden Gate Lodge #973 is a non-profit charitable organization that provides assistance to those who are in need. The organization donates to various groups who provide scholarships and other services as a means to help low and moderate income families. It also sponsors youth activities and educational and cultural enrichment programs that benefit Inkster residents and residents in the surrounding communities.

**Donations:**

- Flora Dozier Scholarship Fund
- Inkster Youth Athletic Association
- Inkster Good Fellows
- The Khamalaw H. White Foundation, Inc

**Sponsorship and other support activities:**

- Host State Association Youth Retreat
- Youth Participation in State Beauty Pageant and Oratorical Contest
- Annual Easter Egg Hunt
- Annual Youth Christmas Party
- Annual Inkster Spring Clean Project
- Feeding of the homeless during Thanksgiving
- Distribute Christmas Baskets to Needy Families
- Inkster Memorial Day Parade
Grandparents Raising Grandchildren
AWBS – Romulus
6700 Middlebelt
Romulus, MI 48174

Meetings are held on the 4th Thursday of the month
6:00 pm – 7:30 pm

Receive Information on:
• Obtaining Benefits
• Access to Resources
• Counseling Services
• Parenting Skills & More

Call 734.629.4717 for more information or to R.S.V. P.
Community Intervention & Treatment (CITx)

Aggression Replacement Therapy (Anger Management) is designed to address adolescent acting out behavior at home, school and in the community. Participants attend 20 group sessions and explore areas of conflict, poor peer relations and managing their behaviors. Clients develop skills in order to plan for a successful future in the areas of decision making, conflict resolution, social skills and communication. Methods alternative to violence are discussed for better conflict resolution. Program participation does include random drug screens.

Youth Assistance Program (YAP)
YAP, Growth Works’ core prevention and diversion program, was developed to assist youth in stopping illegal activity and reduce continued police and court involvement. Through an assessment phase and delivered in a group based format, with a parent component, the program works with youth and their families to end at-risk and disruptive behaviors. The primary goal is to assist young people and parents in reducing risk factors that contribute to delinquency and building protective factors that contribute to success.

Adult & Adolescent Outpatient / Relapse Prevention
These substance abuse programs are designed to assist participants in becoming chemically free and maintaining a chemically free lifestyle through evaluation, intervention and treatment. The program utilizes group intervention strategies and education of social support networks to achieve success. The program is six months in duration. For adolescents, attendance by the parent or guardian in all phases of the evaluation and treatment groups is mandatory and random drug screens for participants is required for both the adult and adolescent options.

Supervised Parenting Program/Visitation
In collaboration with Wayne County Friend of the Court, commencing in 2007, Growth Works’ treatment staff monitors court-ordered supervised parenting time at the Canton Human Service Center. This program allows the visitation to take place in a supportive and family friendly environment with toys and games available to enhance building positive parent/child relationships.

Community Support Program (CSP)
The CSP at the Canton Human Services Center is a network of non-profit agencies brought together to assist local residents with concerns that affect their quality of life. Low or no cost services are available for senior care, domestic violence, substance abuse, dispute settlement, emergency food and shelter, and individual and family counseling, among others. CSP will help clients identify their needs, provide referrals and will continue to work with clients to ensure services received are responsive and focused.

**Western Wayne Care Management Organization**
The WWCMO provides case management services for youth who have been placed on probation or remanded for custody by the 3rd Judicial Circuit Court. The WWCMO provides services to the 17 member communities of Western Wayne County, including Inkster. Once assigned to the WWCMO, a plan of care is developed to provide the youth with appropriate services and treatment that lead to becoming a successful and law-abiding member of their community. The plan of care may specify services including placement in a residential treatment facility, professional counseling and substance abuse treatment, both while the youth is residing in or out of the community. Each youth is assigned to a case manager who makes sure that the plan of care is carried out and that the youth is making progress toward the individualized goals that must be completed before the youth can be released. Regular contact is maintained by the case manager, as well as a team of monitors who keep tabs on the youth in school and at home.

One crucial element of the program is the Community Team process, which assures that responsible stakeholders in each community served by the WWCMO has a voice in evaluating the Youth’s progress and readiness to return to or remain in the community. The Community Team for Inkster is composed of representatives from the school system, the Inkster Police Department, churches and treatment professionals, as well as interested citizen representatives. Youth appear before the team to present what crime they committed, how they intend to make amends to the community and the goals they have outlined for themselves for achieving personal success and remaining offense free. The Community Team gives feedback back to the youth and the Case Manager, offering a valuable outside assessment of the youth’s readiness to return to the community and/or to leave the program. The Inkster Community Team meets once per month. Any one interested in learning more can contact the WWCMO at 734.455.4095.
Healthy Baby Services
DHWP Herman Kiefer Complex
1151 Taylor St., Bldg 6 2nd floor
Detroit, MI 48202
313.876.0385

Services Provided are:
Healthy Baby Services is an advocacy and transportation project designed to reduce the major barriers---financial, social, and access to service---that women encounter when seeking health care during pregnancy. Transportation is provided for customers of the following agencies with a referral from their staff:

- Detroit Health Department
- Wayne County Health Department
- Detroit Medical Center
- Oakwood Hospital
- Riverview Hospital
- Sinai/Grace Hospital
- Total Health Care
- Health Alliance Plan (HAP)
- Wellness Plan
- St. John Hospital

Transportation is provided to the medical facilities for pre/postnatal appointments, parenting classes, childbirth classes, WIC and well baby care and other purposes.

Early On
Early On is a program for infants and toddlers under the age of three with a possible developmental delay or documented disability. Early On provides screening and evaluation services to determine a child's needs.

Through Early On, parents and caregivers will find friendly and supportive people who put the needs and concerns of the child and family first.

What DHWP Early On services are provided to parents who have a concern about their child?

- Screening
- Evaluation
- If the child is eligible, an Individualized Family Service Plan (IFSP) is developed and implemented. The IFSP addresses the developmental needs of the baby as well as the needs of the family.
- A Service Coordinator helps coordinate the services outlined in the family plan.
- Linkage to programs and services within DHWP and community.

**What other services may Early On offer?**
- Family training, counseling, home visits
- Physical, occupational, speech therapy
- Health services
- Special instruction (teaching)
- Social work services
- Psychological services
- Nursing services
- Nutrition counseling
- Hearing and Vision Screening
- Transportation to early intervention services
- Assistive technology services and/or devices
- Medical services (for diagnosis and evaluation)

**Concerned about your child's development? Contact DHWP Early On at 313.876.0526 or call Wayne County Early On at 877.Early.On (800.327.5966).**
Prevention Center
Hegira’s Prevention Center programs promote the development of healthy lifestyles in children, adolescents, and families. Hegira’s Prevention Center provides services to individuals, families, schools, and community groups. Contact 734.513.7598 to register for parenting classes. The Michigan Department of Community Health, and Southeast Michigan Community Alliance (SEMCA) fund prevention programs. Prevention Center programs include:

- Classroom Education
- Parenting Classes
- Drug Awareness Education for Youth, Parents, Educators
- Small Group Education
- Community Coalition Technical
- Businesses and Community Groups
- Assistance

Hegira-Westland Counseling Center (H-WCC)
8623 N. Wayne Road, Suite 310, Westland, MI 48185
Phone: 734.425.0636 / Fax: 734.425.4771
Intake Number: 734.793.5026

Hegira’s Westland Counseling Center offers traditional mental health and chemical dependency outpatient services for adults. Services include:

- Comprehensive Biopsychosocial Assessment
- Individual, Group, Family, Couples Treatment Modalities
- Individualized Treatment Planning
- Psychiatric Evaluation
- Medication Reviews
- Coordination of Care with other Healthcare Providers
Hegira’s Children’s Outpatient Services provides strength-based, family oriented services for children, adolescents and young adults, ages 4 through 21, with serious emotional disturbances at our children's specialty clinic in Westland. This clinic offers a variety of services designed to meet the unique needs of children and their families/caregivers who are challenged with the management of a range of serious emotional disturbances of childhood and adolescents. Levels of care include traditional outpatient, clinic and community-based case management, home-based services and wraparound.

Livonia Counseling Center (LCC)
15370 Levan Road, Suite 2, Livonia, MI 48152
Phone: 734.744.0170 / Fax: 734.744.0171
Intake Number: 734.793.5026

Livonia Counseling Center (LCC) offers traditional mental health and chemical dependency outpatient services for children, adolescents and adults. Hegira's Court Program is for adults 18 years and older. The program is designed to provide assessment and education to persons who have been involved in the criminal justice system or those could benefit from an educational group experience.

Northville Counseling Center (NCC)
670 Griswold, Suite 3, Northville, MI 48167
Phone: 248.347.3470 / Fax: 248.347.2242
Intake Number: 734.793.5026

Northville Counseling offers traditional mental health and chemical dependency outpatient services for children, adolescents and adults.

Oakdale Recovery Center (OAK/ORC)
43825 Michigan Avenue, Canton, MI 48188
Phone: 734.397.3088 / Fax: 734.397.2892
Intake Number: 734.793.5026

Oakdale Recovery Center offers detoxification, residential day treatment, intensive outpatient and traditional outpatient treatment services to chemically dependent adults 18 years and older.

Psychiatric Intervention Center (PIC)
Hospital Liaison
The Psychiatric Intervention Center (PIC), Hegira’s free-standing non-hospital affiliated hour psychiatric crisis screening center, provides walk-in crisis screening, treatment and disposition services to adults 18 years and older that are experiencing a psychiatric crisis.
Inkster Chamber Of Commerce
“The Voice of Inkster Business”
P.O. Box 596
Inkster, MI 48141
734.552.1391
www.inksterchamber.com

Established in 1985 - Re-Established in 1999

The Inkster Chamber is a voluntary partnership of business and professional people working together to build a healthy economy and to improve the quality of life in our community. Its objectives are as follows:

• Help businesses prosper and grow.
• Work with other groups in the community to attract new businesses.
• Increase job opportunities.
• Facilitate business-to-business collaborations and referrals.
• Provide opportunities for group purchasing discounts.

Ways the Chamber will benefit you include the following:

• Avenue for getting your business concerns heard and addressed by local government with positive results.
• Collective marketing efforts that are cost effective.
• Reduced pricing on website development, Internet services, and local and long distance telephone services.
• Special pricing on catering, electrical, dental and printing services.
• Discounted insurance benefits from AAA Michigan, Modern Insurance Company and Pearson Insurance Agency.
• Other discount opportunities.

We are soliciting all businesses, professionals, churches and organizations to participate in Inkster Chamber of Commerce meetings and events. Call the Chamber office for meeting dates and times and a calendar for special events. A request to be placed on the mailing list will bring information right to your door.
Inkster Housing & Redevelopment Commission
4500 Inkster Road
Inkster, MI 48141
313.561.2600

Housing Commissioners
Ernest Hendricks, President
Delphine Oden, Vice President
Martin Bryant, Treasurer
Ernestine Williams
James Orr

Executive Director
Tony L. Love

The Inkster Housing Commission’s Mission is to provide decent, safe, sanitary and in reasonable repair housing for rent. Applications are accepted for moderate-income families, seniors, handicapped and disabled persons. The Commission provides services to empower families in assisting them in achieving economic independence through a coordinated effort that combines public and private resources and supportive services.

ELIGIBILITY:
• Must be 18 years or older
• Must be able to get along with your neighbor
• Must be financially responsible for paying your rent
• Must be able to pass a criminal history background check

-Housing Police Officers

-An Active Resident Council.

-Recreational Activities.

HOUSING ESTATES:
Twin Towers - 313.561.2420
One Bedroom Apartments that include:
• All utilities
• Kitchen appliances
• Meals on Wheels
• Service Coordinator to assist residents
• Dining room and laundry room
• Free transportation
• Many other activities and services

Canterbury Estate, Demby Terrace Estate Lemoyne Gardens Estate, Parkside Estate - 313.561.2600
Studio, Two, Three, Four and Five Bedroom Apartments that include:
• Refrigerator/range
• Utility allowances
• Community Center
• Many other activities and services

Referral services for Inkster Housing Residents

Shut Off Notices
Residents receiving shut off notices may call the following agencies:

1. DHS @ 313.792.7700
2. Wayne Metro @ 734.729.7635
3. Thaw Program Salvation Army at 26700 Warren
4. DTE Collection Department winter protection plan

EQUAL HOUSING OPPORTUNITY
Inkster Parents and Children Together (I.P.A.C.T)
28961 Cherry Hill
Inkster, MI 48141
734.728.7530

Inkster Parents and Children Together began in 1990. Our first goal is to provide moral, spiritual and social support to all I.P.A.C.T Teams. We foster the concept of team spirit and family involvement by providing social activities such as baseball, flag football, co-ed volleyball, co-ed basketball, track and field events and floor hockey.

**Baseball Program**
Our Little League Baseball Program has about 150 youth baseball players. Part of the youth we serve are from the Inkster Housing Community from Lemoyne Gardens and Demby.

Both Demby and Lemoyne Gardens have three teams from ages 5 through 15. Each team is limited to 20 players per team. Because of the larger amount of youth from the Demby and Lemoyne Gardens areas, we sometimes have two T-Ball Teams and two Midget Teams from each area.

*The level of each team is broken down into three different divisions:*

T-Ball Players: Ages 5 through 8 years old.
Midget Players: Ages 9 through 12 years old.
Junior Players: Ages 13 through 16 years old.

The Baseball Program season typically begins the third Saturday of June and runs through the second Saturday of August.

**After School Program**
Additional sports programs are part of our After School Program that consists of flag football, floor hockey, volleyball and basketball. Youth are taught the proper technique, fundamentals and all the rules of the game. The grades of participating youth are also monitored so that youth who have problems may receive tutoring services. Youth also participate in field trips. This program typically runs September through April at the Booker T. Dozier Recreation Complex located at 2025 Middlebelt Road.

*For more information, contact Ruth E. Williams at 734.728.7530.*
Inkster Senior Services
(Located inside Twin Towers)
2000 Inkster Road
313.561.2382

Monday through Friday
8:30 am – 4:30 pm

Services Available Include:
Congregate meals, home delivered meals, Information & Assistance, Medicare/Medicaid Counseling, Social and Recreation Opportunities, Wellness Programs, Transportation and Volunteer Opportunities.

Services Provided:

- **Shopping**
  Weekly trips are made to local grocery stores on Tuesday and bi-monthly trips are made to area malls on Thursday.

- **Food Delivery**
  Distribution of food boxes from Focus: HOPE to qualifying seniors on a monthly basis.

  Distribution of surplus commodities is done at the senior apartment complexes to qualifying residents.

  We deliver meals-on-wheels to clients under Wayne County Nutrition Services.

  Twin Towers, Cherry Hill Square and Cherry Hill Place serve as congregate meal sites in Inkster, serving a hot meal at 11:30 am five days a week. Reservations are needed.

  Call 800.851.1454 for more information on home delivered meals or the congregate meal sites.

- **Lehigh Drop In Center**
  This drop in center is located at 27441 Lehigh, just west of Inkster Road. Activities include club meetings, knitting and crocheting, socialization and community service projects.
• **Medicare/Medicaid Assistance Program (MMAP)**
  A trained volunteer is in our office on the 2nd and 4th Monday of each month from 10 am to 1 pm offering assistance with any questions or problems you may have related to Medicare or Medicaid.

• **MI Café**
  We are a MI Café site, offering assistance in obtaining a bridge card (food stamps) without making a trip to Department of Human Services. A trained volunteer will complete your application and make necessary copies which are then sent for processing. Yearly re-enrollments can also be done by our volunteer.

• **Enhance Fitness**
  Enhance Fitness exercise classes are held at the Booker T. Dozier Recreation Complex every Monday, Wednesday and Friday. Two sessions are held: 10:30 am until 11:30 am and 11:45 am until 12:45 pm.

• **Computer Classes**
  Beginning computer classes are offered at two sites, Twin Towers and Booker T. Dozier Recreation. Please contact our office for availability.

• **Senior Picnic & Holiday Party**
  Two special events are held yearly to gather and enjoy the company of others. Our annual senior picnic is held at Wheatley Park in August and the annual Christmas party is held in mid December.

• **Transportation**
  Door-to-door service for appointments of a medical nature is available on Monday, Wednesday and Friday from 8:30 am until 2:00 pm. Appointments must be within a seven mile radius of Inkster and at least 24 hours notice is needed for scheduling purposes.

• **Monthly Trips**
  Trips to points of interest are held on a monthly basis.

• **Monthly Senior Newsletter**
  A monthly newsletter is published to share important information of interest to seniors in our community that includes shopping schedule, monthly trip information as well as other items that benefit our senior population. Mailing can be arranged for a small fee or it can be picked up for free at City Hall, Dozier Recreation Complex or our office.
• **Western Wayne County Senior Olympics**
  This annual event is held in August and offers a full week of activities and opportunities to show off your “Olympic” talents. Registration forms are available in our office in April with registration due in July.

• **Important Phone Numbers**
  
<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
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<tr>
<td>Senior Services Main Office</td>
<td>313.561.2382</td>
</tr>
<tr>
<td>Lehigh Center</td>
<td>313.561.2891</td>
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<tr>
<td>Transportation</td>
<td>313.561.2650</td>
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<tr>
<td>Wayne County Nutrition Services</td>
<td>800.851.1454</td>
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<tr>
<td>The Senior Alliance (Area Agency on Aging 1C)</td>
<td>734.722.2830</td>
</tr>
<tr>
<td>Nankin Transit</td>
<td>734.729.2710</td>
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<tr>
<td>SMART Community Transit</td>
<td>866.962.5515</td>
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Inkster Task Force
26215 Trowbridge
Inkster, MI  48141
313.563.7709

Inkster Task Force for Strong Families began in 2000. The community team is comprised of representatives from SEMCA, Inkster and Westwood Community Public Schools, Inkster Police Department, Hegira Programs, Inkster Parks and Recreation, DHS, YWCA, Starfish Family Services, Inkster Public Housing, Growth Works, Inkster Ministerial Alliance, Operation Refuge Inc., and other community providers, stakeholders and residents.

The purpose of the Inkster Task Force is to plan, coordinate and secure funding for a network of services that promote healthy development for children and families that reduce risk factors that have adverse effect on families within the Inkster community. The Task Force’s Vision is to continue to serve families in Inkster by leading the way in a community wide Underage Drinking Prevention Plan that creates and implements the following:

- Community Policy/Practices
- Information/Awareness
- Alternative Activities
- Skill Building

As family units are strengthened, our community will continue to prosper.

Inkster Youth Coalition
Established 2011

The Inkster Youth Coalition is a collaborative group of Inkster’s very best and brightest. We care about the community and our peers. Our cause is to reach teenagers and young adults to positively impact the image of Inkster. This group is an extension of the Inkster Task Force. We encourage all Inkster teens and young adults to come be a part of something great!

For meeting schedules and more information about us, please contact Velma Jean Overman at 734.709.7806 or Orrice Magee Jr. at 313.903.3766.
Inkster Teen Health Center
Inkster High School
3250 Middlebelt Road
Inkster, MI 48141
Phone: 734.729.3650  Fax: 734.729.3675

HOURS: Mon 7:30 am - 5:00 pm
Tues, Wed and Thurs. 7:30 am - 3:30 pm
Fri 7:30 am - 12:00 noon

We are open all summer, but please call for updates to our schedule, staff meetings, vacations or other times clinic may be closed.

Who can receive medical treatment or advice?

- All children ages 10-21
- With or without insurance (we can enroll in Medicaid for those who qualify)
- Children of teenage parents, regardless of age
- Wayne County residents

Services available with parent permission:

- School, sports and work physicals
- Care for acute and chronic illness or injury
- Immunizations
- Health Education
- Pregnancy testing and referrals for prenatal care
- Pap smears and pelvic exams
- HIV/AIDS testing and counseling
- Sexually transmitted infection testing and counseling
- Counseling referrals
- Substance Abuse education and referrals
- Medicaid enrollment available for those who qualify without insurance
- Nutrition and exercise counseling
- Smoking Cessation program

**A consent form for treatment signed by parent/guardian is necessary for all non-confidential medical services.**

Services are billed to your insurance or are available on a sliding fee scale. Appointments can be scheduled or we will see walk-in patients also. If you do not have medical insurance or are unable to pay, we will still meet your medical needs.
Inkster Youth Assistance Program  
(administered by Starfish Family Services)  
Counterpoint Building  
715 Inkster Road  
Inkster, MI  48141  
Phone: 313.563.5005   Fax: 313.563.4765

DESCRIPTION OF SERVICES:
- Support program for at risk youth
- 16 week group counseling for youth
- Parenting participation
- Discussions focus on stress within family, coping skills, communication, and discipline, and behavior and consequences

PARTICIPANT CRITERIA/ELIGIBILITY:
- Inkster residents
- 10-17 years old, male or female
- Voluntary program; requires parental consent
- Parental participation in parenting pieces
- Must have committed “ticketable” offense (doesn’t have to have been ticketed)

PROGRAM ACCESSIBILITY:
- Hour of Operation: Monday - Friday (except major holidays). Hours vary according to group times. Some field trips on weekends
- Transportation: Program will pick youth up once admitted to program; near bus route

FEE FOR SERVICES:  All services are free of charge

PROGRAM GOALS/OUTCOMES:
  1. Reduce delinquent behaviors associated with at-risk youth

SIMILAR SFS SERVICES:  None
Inkster Youth Athletic Association (IYAA)
P.O. Box 948
Inkster, MI 48141
313.433.8700 or 734.686.9992
www.inksterraiders.com

Inkster Raiders, a tradition of “Excellence” on and off the field!

Activities: Pop Warner Little Scholars instructional level football and cheerleading and competitive level football and cheerleading. Academic achievement, community service and all participants receive end of the season awards.

What is the IYAA?: IYAA is a non-profit 501 C3 organization operated by a small committed core of adult volunteers who serve as the Board of Directors. These adult volunteers are concerned about keeping the youth off the streets by providing quality little league athletic and recreational opportunities to youth that primarily reside in the City of Inkster. However, Inkster residency is not a requirement for participation. The IYAA has operated since 1978 and consistently registers, on average, one hundred (100) children each year. Football teams and cheer squads are called the “Inkster Raiders.” The Raiders are registered to play Pop Warner Little Scholars Football that places strong emphasis on academics.

Who can participate?: Children 5-15 years of age may participate (a birth certificate is required for proof of age). Football has weight requirements for safety. There are no weight requirements for cheerleaders. Sports physical exams and final school year report cards are required.

How does one register?: Parents can register their children anytime during the year though a registration drive which typically begins in February and ends in August. Parents, potential volunteers and sponsors can also visit our web site at www.inksterraiders.com.

Where are the games played?: Games are typically held at the Robichaud High School football field. Away football games and cheer competitions are held at only insured, certified athletic facilities.
Iron Flexx Sculpted Muscles & Inner Strength Building Center Inc.
1735 Fairbairn
Inkster, MI 48141
734.772.3322

Mission
Iron Flexx Sculptured Muscles & Inner Strength Building Center Inc., mission is designed to help assist all people, including mentally and physically challenged individuals, seniors, and youth through fitness training and health education; to advocate against steroid usage and drug and alcohol abuse; to encourage and assist parents, particularly fathers; to be a foundation, an example and significant figure in their children’s lives; to flexx in their daily life; and to rise to be the best person they can be.

We provide services to communities through hard work and perseverance to insure proper health and nutritional education.

Mentoring Youth through:
- Nutritional Health Education
- Weight Training and Inner self
- Moral and Mind development skills
- And Involvement in athletic activities

Combating Community Obesity through:
- Seminars and Workshops for Youth
- Mentally and Physically challenged individuals
- Implementing Preventative Health Awareness educational programs in schools and communities
Leanna Hicks Public Library
2005 Inkster Road
313.563.2822   Fax 313.274.5130
www.inkster.lib.mi.us

Library Cards
Library cards are available for Inkster residents or individuals who teach, attend school in Inkster, or are employed in Inkster and can provide proof. To obtain a library card, you must have photo identification with your current address. If you are under the age of 18, your parent or legal guardian must be present to sign your library card application.

Library Services
On-line book catalog, internet and word processing, interlibrary loan through TLN and MelCat. Copy machine - 10 cents per copy. Color copies $1.00 each copy. Fax - $1.00 per page to send and 10 cents per page to receive.

Ask at the reference desk
For assistance with email and software applications, homework questions, career services and exam preparation and proctoring.

Library Programs
The library offers story times, craft programs and Summer Reading Programs to enhance young people’s library experience. Please call for dates and times or visit the Events Page on the library’s web site - www.inkster.lib.mi.us.

Overdue Library Fines
Adult books - 10 cents per day
Children’s books, magazines - 5 cents per day
DVDs, Videos and reference materials - $1.00 per day
Maximum fine - $5.00

Library Hours
Winter (Labor Day to Memorial Day)
   Monday – Thursday: Noon to 8:00 pm
   Saturday: 10:00 am to 5:00 pm

Summer (Memorial Day to Labor Day)
   Monday – Thursday: Noon to 8:00 pm
   Friday: 10:00 am to 5:00 pm
Michigan Department of Labor and Economic Growth
Michigan Rehabilitation Services
35731 W. Michigan Ave., Suite 140
Wayne, MI 48184
Phone: 734.727.2328    Fax: 734.727.2316

Michigan Rehabilitation Services (MRS)
Michigan Rehabilitation Services (MRS) helps Michigan residents with disabilities achieve employment and self-sufficiency. MRS is part of a network of vocational rehabilitation programs across the U.S. authorized by the Federal Rehabilitation Act of 1973, as amended. Each year, more than 7,000 Michigamians with disabilities are assisted into jobs through MRS services.

MRS serves people in their communities through 35 field offices staffed by master’s degree level rehabilitation counselors. In addition, one or more MRS counselors are on staff at each of the 100 Michigan Works! Service Centers.

Who Should Go to MRS?
People with a wide range of disabilities are served by MRS. Some disability examples are amputation, back disability, brain injury, cancer, cerebral palsy, diabetes, epilepsy, hearing loss, heart disease, kidney disease, learning disability, mental illness, mental retardation, multiple sclerosis, muscular dystrophy, paraplegia, quadriplegia and substance abuse. (In Michigan, persons who are legally blind are served by a separate agency - the Commission for the Blind in the Department of Human Services (formerly Family Independence Agency).

MRS works closely with numerous community agencies to accept referrals and, in many instances, to provide cooperative rehabilitation programming. Agencies referring individuals to MRS include educational institutions, health organizations, Department of Human Services, hospitals, Employment Service Agency, correctional institutions, Social Security Administration, independent living centers and private agencies. Nearly 30 percent of the individuals served by MRS are referred by family or friends or apply on their own.

A person with a disability may be eligible for MRS services if the disability causes problems in preparing for, finding or keeping a job. The individual must also require vocational rehabilitation services in order to work.

How Does MRS Work?
Each person who comes to MRS is teamed with a rehabilitation counselor. Together, they follow four steps:
1. Deciding on an employment goal. The client selects a job goal based on his or her aptitudes and interests. Assessments may be needed, such as vocational testing, work evaluations and job try-outs.

2. Developing a plan. The plan states the services needed and who will provide them. Some services will be provided directly by the counselor or other MRS staff. Other services may be purchased or provided by other agencies.

3. Following the plan. Examples of services received by the client are job-seeking skills training; job placement assistance; accommodations/assistive technology; job coaches; tools, equipment and licenses needed to go to work; job training; prostheses and other medical services; and support services such as interpreters, readers and transportation.

4. Reaching the goal. The counselor works with the client to reach the final goal of finding the right job. Once the individual is on the job, the counselor follows up for at least 90 days to make sure both the employee and employer are satisfied. If needed, additional services can be provided to help a person stay on the job.

**Who Pays for Services?**
MRS provides the following services free of charge: disability assessments, vocational evaluations, counseling, job placement services and job follow-up services. Other services are purchased from public and private agencies in the community. If financially able, clients are asked to help pay for part of these services.

**How is a Referral to MRS Made?**
Any person with a disability who is interested in receiving job rehabilitation services may call the nearest MRS office. Referrals also may be made by family members, hospitals, school counselors, mental health professionals, social workers, churches and other community agencies.

**What Type of Services are Available to Employers?**
MRS also has on staff 65 business service representatives across the state who help business owners and managers find solutions to disability-related issues in the workplace.

Services available to businesses are as follows:

- Helping employers retain valuable employees who are at-risk because of the onset of a disability
- Referral of qualified, pre-screened job applicants matched to the employer’s requirements
- Reimbursement for part of the costs associated with training a new worker referred by MRS
- Helping businesses obtain disability-related tax credits and deductions.
- Providing information on employer responsibilities under the Americans with Disabilities Act (ADA)
- Returning injured workers to the job through the MRS Disability Management Program
- Specific strategies available from MRS include: reasonable accommodation recommendations, ergonomic assessments, employee counseling, job analyses, transferable skill analyses and linking businesses with community and state resources

**Additional Information**
For more information about MRS or a listing of MRS offices, call toll free 800.605.6722 (voice) or 888.605.6722 (TTY). Visit MRS on the Internet at [http://www.mrs.state.mi.us/](http://www.mrs.state.mi.us/).

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Inkster Task Force Community Resource Guide

National Kidney Foundation of Michigan
1169 Oak Valley Drive
Ann Arbor, MI 48108
Phone: 734.222.9800/800.482.1455   Fax: 734.222.9801

Inkster Partnership for a Healthier Community (IPHC)
The NKFM and its partners are working extensively in the City of Inkster to address social determinants of health in order to eliminate diabetes-related health disparities in African Americans adults. To do this, a community-based coalition has been established called the Inkster Partnership for a Healthier Community (IPHC). The long-term goal of the project is to decrease the incidence of diabetes and its related complications among Inkster area residents. The goals of this project will be accomplished through the mobilization of the IPHC, an evaluation of a community needs assessment, and the development of a multi-year strategic plan. The strategic plan will focus on policy, systems, and environmental change as well as evidence-based program interventions throughout the Inkster area.

This program is funded by grants from the Centers for Disease Control and Prevention (78%), the Office on Women’s Health (16%), and the Michigan Department of Community Health (6%).

Monthly meetings are held in Inkster and all are welcome. Call NKFM for times and dates.

Personal Action Toward Health (PATH)
PATH is a free health workshop that helps individuals to manage long-term health conditions. The class provides information and skills to adults with chronic health conditions such as arthritis, heart disease, chronic kidney disease, diabetes, bronchitis, asthma, and depression. Workshops are conducted by trained leaders who hold informal, small group discussions and provide easy-to-understand course materials. Facilitators discuss ways to reduce pain and stress, cope with fatigue, use medications wisely, and benefit from physical activity. Participants also learn about self-help devices that can enhance daily activities. They are encouraged to practice the acquired skills by making weekly action plans and helping each other achieve their goals. The program is appropriate for people who are newly diagnosed as well as those who have been managing a chronic condition for years. It has been proven in studies to reduce symptoms and physician visits as well as increase self-management abilities and communication with doctors. Most PATH classes are free but registration is required and space is limited. Classes will be offered in Inkster as requested.

Enhance Fitness
Enhance Fitness is a free exercise class that focuses on cardiovascular conditioning, strength training, flexibility and balance training by demonstrating fun and simple ways to exercise. A certified fitness instructor leads classes two to three times a week to provide social stimulation as well as physical benefits to participants. Specific techniques help improve overall functional fitness and quality of life. Many people who have participated in Enhance Fitness reported an increase in strength, greater activity level, and improved mood during and after taking the course. Although the class is intended to help older individuals improve their overall fitness and well-being, all adults are welcome. Those with physical disabilities or who travel by wheelchair are also encouraged to attend. Classes are held on Monday, Wednesday and Fridays at Booker T. Dozier Recreation Center located at 2025 Middlebelt Road. Times are 10:30 am to 11:30 am and also 11:45 am 12:45 pm.
The Optimist Club of Inkster is a service organization who’s motto is “FRIEND OF YOUTH”, in which they are involved with youth and families in the community of Inkster.

Meetings are held at the Booker T. Dozier Recreation Complex – 2025 Middlebelt Road, Inkster, MI 48141. Meetings are held every 2\textsuperscript{nd} Thursday at 6:30 pm. Meetings last one hour and a half.

**Activities, Programs and Events of the Optimist Club:**

- Respect For Law
- Oratorical and Essay Contest
- Assists with the Inkster Summerfest
- Bike Safety
- Tri-Star Sports
- Reading Is Fundamental
- Assists with Halloween events
- Distribution of Thanksgiving and Christmas Baskets

The Optimist Club of Inkster has a scholarship in which they offer $1,000.00 a year for four years while that student is in school and maintains a certain GPA. Contact the Optimist Club for further details on the scholarship.
Seeds2Feed Foundation
P.O. Box 222
Inkster, MI 48141
313.717.4202

Contacts:
Anthony Dooley, President - 313.506.9491
Shaun Hollins, Senior Vice President - 734.658.6342
Wesley Stephens, Vice President - 313.717.4202

Mission Statement
To develop and stimulate the mindset of neighborhood youth and encourage a positive and productive future.

Events:
- Annual Daddy’s Giving Back Picnic is on Sunday after Father’s Day (Inkster Park off John Daly)
- Annual Back to School Skating Bash Thursday before Labor Day
The Senior Alliance
3850 Second Street, Suite #201
Wayne, MI 48184
Phone/TDD: 734.722.2830   Fax: 734.722.2836

Programs and Services:

Adult Day Care
Adult Day Care is a service that provides a daytime structured program of social and rehabilitative and/or maintenance services to functionally impaired elderly persons.

Caregiver Support
Caregiver Support programs offer varying types of caregiver information and assistance including caregiver education, support groups, and legal assistance.

Care Management
This program links frail older persons with community services. It includes an in-home assessment by a registered nurse and social worker followed by arrangements for service delivery.

Case Coordination and Support
The Case Coordination and Support Program assesses the eligibility of seniors for in-home services such as Personal Care, Homemaker and Respite Care. After determination of eligibility, service provisions are arranged.

Chore Service
The Wayne County Chore program provides emergency and safety services for individual’s age 60 and older, as funding allows.

Chore Referral
Individuals age 60 and older and adults with disabilities looking for home chore assistance will be given the names of independent workers who have agreed to provide services at a reduced cost. Homeowners make their own arrangements for the work and payment for service.

Congregate Meals
Seniors can get a hot lunch on weekdays at any of 41 community lunch sites. The meals provide at least one-third of the Recommended Dietary Allowance (RDA).

Creating Confident Caregivers
This is a free educational and supportive program for caregivers and families caring for a loved one with dementia or memory loss.
Elder Abuse Services
Services include the provision of public education, outreach and referral with respect to the prevention of abuse, neglect and exploitation of older individuals.

Evidence-Base Disease Prevention Programs
These programs help individuals aged 60 and older to increase their activity levels. The five courses offered by The Senior Alliance have demonstrated proven results for participants. The five courses are: Arthritis Exercise Program, Arthritis Tai Chi Program, Enhance Fitness Program, Matter of Balance Program, and PATH (a chronic disease self-management program).

Halal Home Delivered Meals
Homebound Muslim individuals age 60 and older can receive a hot meal delivered to them on weekdays. An Arabic speaking specialist is available to answer questions.

Health Screening
This service provides individuals age 60 and older with a series of health tests and screenings. The tests are designed to identify present or potential health problems.

Hearing Impaired Services
The service through The Senior Alliance provides hearing screens only.

Home Delivered Meals
Homebound seniors can receive a hot meal delivered to them on weekdays. The meals provide one-third of the Recommended Daily Allowance (RDA).

Information and Assistance (I&A)
This is the first point of contact for individuals calling The Senior Alliance. I&A Specialists provide information and referrals to educate and assist individuals in finding appropriate resources to meet their needs.

Kinship Caregiver Assistance
This program offers information, education and support services to grandparents and/or relative caregivers age 60 and older who are legally responsible for children 18 years of age or younger.

Legal Assistance
Provision of legal services, representation and counseling on issues such as guardianship, power of attorney, age discrimination, entitlements and etc. No fee-generating or criminal cases are handled.
**Long Term Care Ombudsman**
Provides assistance to residents of long-term care facilities to resolve complaints. They have information about rights and rules and referrals to community resources. They also provide assistance to prospective long-term care residents and their families regarding placement, financing and options.

**MI Choice Waiver Program**
This is a Medicaid home and community-based long term care program for financially eligible individuals age 18 and older who meet a nursing facility level of care. The program provides services to support individuals in staying in their own homes.

**Medicare/Medicaid Assistance Program (MMAP)**
Trained and certified volunteer counselors provide education and free unbiased personalized health benefit information. Counselors answer questions and help resolve problems involving the Medicare and Medicaid programs.

**Personal Care**
It’s designed to assist clients with tasks such as bathing, dressing, grooming, toileting, transferring, eating and ambulation.

**Senior Alliance Holiday Meals**
This program provides a hot meal to homebound individuals age 60 and older and adults with disabilities on Christmas, Thanksgiving, Easter and Labor Day. The Holiday Meals Program is supported primarily through private donations. Meals are delivered by volunteers.

**Seniority News**
The Seniority News is a quarterly publication of The Senior Alliance. Seniors wishing to be placed on the mailing list for the newsletter should call The Senior Alliance.

**Senior Community Service Employment Program (SCSEP)**
This program offers useful part-time employment opportunities for low-income persons age 55 and over. Participants are placed at different community sites and work an average of 20 hours a week.

**Telephone Reassurance**
This program provides for regular telephone contacts with homebound older persons to assure their well-being and safety and to provide social interaction.

We also offer Non-Emergency Medical Transportation Program and Vision Services.
Senior Companions serve up to 40 hours per week. Some volunteers may qualify to earn a tax-free, hourly stipend. With Senior Companions, you’ll receive 40 hours of pre-service orientation, training from the organization where you serve, and supplemental accident and liability insurance while on duty.

**Purpose**
The dual purpose is to create stipend volunteer opportunities for low-income persons, age 60 and over, and individualized care and assistance to other adults over 60 who suffer from a variety of diagnosis and could benefit from a one-to-one relationship. The Senior Companion develops an increased level of self-esteem with an opportunity to enhance life skills and fulfill a need to remain an active and contributing member of society.

**Eligibility**
- Applicants must be at least 55 years old, physically able and willing to serve twenty (20) hours per week and meet income eligibility guidelines
- Must meet the 200% poverty level
- Must sign an agreement of Memorandum of Understanding with the Affiliated Community agency in order to take referrals

**Service**
Senior Companions serve primarily frail homebound adults over the age of 60, in the Metropolitan area, who are referred by affiliated community agencies. Clients who are emotionally and/or physically impaired, terminally ill, socially isolated or have families in need of respite are targeted for service. Cancer and Alzheimer’s cases are also accepted. The Senior Companion serves as an integral part of a comprehensive health care plan to allow homebound persons continued independent living. Also, volunteers act as advocates, linking their clients to appropriate community services.

**Benefits**
Volunteers receive a modest tax-free stipend of $2.65 per hour or $53.00 per week for twenty (20) hours. Reimbursement for transportation is provided. Liability insurance is included during the hours of appropriate volunteer service.
Social Security Administration
2500 Hamlin Blvd.
Inkster, MI 48141
Phone: 313.561.0267  Fax: 313.561.9722

Monday through Friday
9:00 am to 4:00 pm

Toll Free 800.772.1213
Hours: 7:00 am to 7:00 pm (Monday - Friday)

Internet: www.ssa.gov

Our agency administers the Retirement, Survivor, Disability, Medicare and Supplemental Security Income (SSI) Programs.

The social security programs, i.e., retirement, survivor and disability, are based on the premise that an individual worked and earned the required amount of credits to be insured for those benefits. Benefits may be payable to eligible dependents.

The SSI Programs, i.e., disability/blind for any age and over age 65, are need-based. We consider income, resources and living arrangements to determine eligibility and amount of any SSI payment. This program is funded by general revenue dollars, not FICA tax dollars.

Individuals should be referred to our toll-free number, 800.772.1213, for information and making appointments.

Early Childhood Development

**Early Head Start**: Provides free center-based childcare and home-based parenting support for income-eligible families with children under the age of three. Program services are also available to pregnant women. For more information, call 734.727.3145.

**Head Start**: Offers free preschool for income-eligible three- and four-year old children to get them ready for kindergarten. For more information, call Crestwood (313.937.8483), Inkster (734.727.3131), Livonia (734.762.9746) or Plymouth-Canton (734.354.5196).

**Starfish Early Learning Community**: Provides free training, playgroups and resources to parents, grandparents, friends, neighbors, relatives and others who are providing care for young children. Call 734.727.3104.

**Early On**: Assists families with infants and toddlers from birth to age 3, who may be experiencing delays in their development or have a diagnosed disability. Don’t worry, but don’t wait, contact Early On today. Call 888.355.5433.

**Great Parents Great Start**: A home-based literacy program bringing language and reading to the home, encouraging children under five-years old to learn and parents to become their child’s most important teacher. In-center play groups are also offered for parents and children under the age of five. For more information call, 734.727.3153.

**Great Start Readiness Program**: Offers free preschool for four-year-old children residing in the Inkster School District to get them ready for kindergarten. For more information call, 734.727.3153.

**Partnering with Parents**: Home and community based services for families with children 0-5 or pregnant women. Provides support to families struggling with developmental, emotional or behavioral problems. Call 888.355.5433.

**Family Programs and Resources**

**Family Success ProgramSM**: Helps families reach their personal, professional and financial goals, and learn how to achieve long-term success. Call Val Kantner at 734.727.3106 for more information.
Parent Empowerment Program: A parent training program designed to educate, engage and empower parents of young children so they can become their child’s best and most important teacher. Call 734.728.3400.

Family Resource Center: Offers parents and caregivers emotional support, learning opportunities to enhance their parenting skills and enrichment activities to strengthen parent-child bonds. Call 734.727.3114.

Counseling Services
Children, families and adults receive the help they need to improve their relationships and overall well-being through counseling or substance abuse treatment. Starfish offers prevention, outpatient and in-home services. Call toll-free 888.355.5433

Teen and Adolescent Programs
After-school and Summer Enrichment: Enrichment and educational opportunities for children and teens. Call 734.727.3141.

Counterpoint Shelter & Crisis Center: Provides safe, short-term shelter for young people experiencing problems, and services to help families work through their problems with counseling and support. Please call 313.563.5005 or toll-free 866.672.4357.


Inkster Youth Assistance Program: Helps at-risk youth stay out of the juvenile justice system through activities and group support as well as ongoing help from a case manager. Call 313.563.5005 or toll free 866.672.HELP (4357).

Supervised Independent Living: Provide vital skills training for foster youth in transition. SIL participants live as independent renters under the mentoring, training and supervision of Starfish staff and adults in the “host home”. It is the goal of the SIL program that all youth upon completion, are able to live and function independently within the community. Call 734.261.1842.

Transitional Living Program: Offers youth and young adults safe, stable, long-term living accommodations and an array of support to successfully transition to adulthood and independent living. Call 313.563.5005 or toll-free 866.672.4357.
Top Ladies of Distinction
3767 Inkster Road
Inkster, MI 48141
313.274.3141 or 313.790.0841

“A National Professional Humanitarian Organization”

Top Ladies of Distinction’s Five Major Thrusts are:

- Service to Youth
- Service to Senior Citizens
- Improving the Status of Women
- Community Improvement and Beautification
- Community Partnerships

Community Service History

- Community - Inkster Memorial Day Parade
- Sponsorship - Top Teen Seminars; Top Teens Annual Black History Month
- Seminars - “Women and Investments”
- Community Beautification - Inkster City Hall Planting of Flowers
- Senior Citizens - Cider Sip; Christmas Basket Distribution; Golden Age Reception

Top Teens of America

Designed to enhance and enrich the lives of youth through community based programs and projects such as:

- March of Dimes emphasizing the topics of teen pregnancy, STD, smoking and drugs
- Workshops on gangs, teen violence, peer pressure and etiquette
Wayne County Clerk Western Wayne
Satellite Office
3100 Henry Ruff Road
Westland, MI 48185
(Wayne County Sheriff’s Road Patrol Office)
Phone: 734.326.4690  Fax: 734.721.2836
www.waynecounty.com/clerk

Hours of operation are Mondays, Tuesdays, Wednesdays and Fridays 8:00 am – 4:30 pm and Thursdays 8:00 am – 7:00 pm. Services include the following:

- Permit to Carry a Concealed Weapon (CWW)
- Birth Certificate Requests
- Death Certificate Requests
  (excluding births & deaths in Detroit)
- Marriage License Applications
- Request for Copy of Marriage Licenses
- Assumed Names/Co-Partnerships
- Notary Public Applications
- Passport Services
**Wayne County Commissioner District 12**
Commissioner Joan Gebhardt
500 Griswold, Seventh Floor
Detroit, Michigan 48226
Office: 313.224.0907   Fax: 313.967.1237

**Wayne County Help lines:**

<table>
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<tr>
<th>Service</th>
<th>Phone Number</th>
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<tr>
<td>Taxpayer Assistance</td>
<td>313.224.5990</td>
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<tr>
<td>County Executive</td>
<td>313.224.0366</td>
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<tr>
<td>County Commission</td>
<td>313.224.2383</td>
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<td>County Clerk</td>
<td>313.224.6262</td>
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<tr>
<td>Prosecutor</td>
<td>313.224.5777</td>
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<tr>
<td>Register of Deeds</td>
<td>313.224.5850</td>
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<td>Sheriff</td>
<td>313.224.2222</td>
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<tr>
<td>Circuit Court</td>
<td>313.224.5260</td>
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<tr>
<td>Friend of the Court</td>
<td>313.224.5300</td>
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<tr>
<td>Probate Court</td>
<td>313.224.5709</td>
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<td>Birth &amp; Death Records</td>
<td>313.224.5536</td>
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<tr>
<td>Children &amp; Family Services</td>
<td>313.833.3464</td>
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<tr>
<td>Health Department</td>
<td>734.727.7000</td>
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<td>Library for the Blind</td>
<td>734.727.7300</td>
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<tr>
<td>Marriage Licenses</td>
<td>313.224.5520</td>
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<tr>
<td>Parks</td>
<td>734.261.1990</td>
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<tr>
<td>Chandler Aquatic Center</td>
<td>313.822.7665</td>
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<tr>
<td>Elizabeth Park Marina</td>
<td>734.675.8051</td>
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<tr>
<td>Huron Clinton Metro Park</td>
<td>800.477.2757</td>
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<tr>
<td>Inkster Valley Golf Course</td>
<td>734.722.8020</td>
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<tr>
<td>Warren Valley Golf Course</td>
<td>313.561.1040</td>
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<tr>
<td>Poison Control</td>
<td>800.222.1222</td>
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<tr>
<td>Potholes Hotline</td>
<td>734.955.2331</td>
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<tr>
<td>Public Services – Roads</td>
<td>734.855.9920</td>
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<tr>
<td>Senior Services</td>
<td>734.727.7373</td>
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<tr>
<td>Veterans Affairs</td>
<td>313.224.5054</td>
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<tr>
<td>West Nile Virus Hotline</td>
<td>888.668.0869</td>
</tr>
<tr>
<td>WIC Program</td>
<td>313.876.4555</td>
</tr>
</tbody>
</table>
Wayne County Health Department
33030 Van Born                                             26650 Eureka Road, Ste B
Wayne, MI 48184                                            Taylor, MI 48180
734.727.7100                                               734.955.3900

The following services are provided at WCHD:
Dental Care (Children)
HIV Counseling and Testing
Immunizations
Insurance Eligibility Services
Maternal/Infant Health Advocacy
WIC Food Program
STD Testing (Gonorrhea, Chlamydia, Syphilis)

DISEASE CONTROL

AIDS Prevention                                                734.727.7124
Anonymous HIV Counseling & Testing, Community Information & Education

Disease Control & Surveillance                                734.727.7078
Information & Education                                        734.727.7078
Investigation                                                  734.727.7078

Immunization/Dental/WIC/STD Clinics Locations:
Wayne Clinic                                                  734.727.7100
Taylor Clinic                                                  734.955.3900

Tuberculosis Control                                           734.727.7078
Direct Observed Therapy                                        734.727.7081
Contact Investigation                                          734.727.7253
Information & Education                                        734.727.7253
Reporting                                                      734.727.7081

Vaccine Distribution                                           734.727.7077
Vaccines for Children (VFC) Program(for providers)

Venereal Disease Control                                       734.727.7124
Partner Notification Reporting
Wayne County MSU Extension  
5454 Venoy Road Wayne, MI 48184  
Phone: 734.721.6576 Fax: 734.727.7233

**Natural Resources and Outdoor Education**  
*Contact Person: Gary Williams*  
Office: 313.833.3299  
Email: will1009@msu.edu

Natural Resources and Outdoor Education programs are designed to help youth develop important life skills such as responsibility, decision making, leadership and respect as well as foster an appreciation for Michigan’s natural resources and environmental awareness. These educational opportunities are delivered through classroom based instruction, hands-on field experiences and other opportunities.

**Consumer Horticulture**  
*Contact Person: Kristine Hahn*  
Office: 734.727.7234  
Email: hahnk@msu.edu

Consumer Horticulture programming is available to the consumer or homeowner. This program provides education for the homeowner to purchase and use horticultural products such as flowers, shrubs, turf grass and trees as well as vegetables. This program area provides educational programming through the Master Gardener volunteers of Wayne County.

**4-H Youth Development**  
*Contact Persons: Sandra Griffin, Laurie Rivetto*  
Office: 313.833.3304: 734.727.7236  
Email: griffi22@msu.edu Email: rivetto1@msu.edu

The 4-H Youth Program provides positive developmental opportunities, role models and learning environments for children and youth. Our focus is to empower children, youth and families in all communities, enabling them with decision making, communication and leadership skills. These programs are delivered using multiple approaches such as 4-H Clubs, agency, school, church and center programming where we train adult and teen volunteers. Nationally, 4-H has been around as the premiere youth development program since 1901. The motto in 4-H youth development is “to make the best better” and caring adult and teen volunteers assist Extension 4-H staff in striving to help youth achieve the goal!
Expanded Food Nutrition Education Program (EFNEP)

Contact Person: Marion Hubbard
Office: 313.833.3318
Email: hubbardm@msu.edu

Since it’s beginning in 1969, Wayne County Expanded Food and Nutrition Education Program (EFNEP) has helped families with limited income acquire the knowledge and skills needed to improve their diets and health. EFNEP works in cooperation with other agencies to meet the needs of Michigan families without duplicating efforts. While other agencies provide food and other services, EFNEP provides education to help homemakers stretch their food dollar and enhance their family’s nutrition and physical activity needs. Federal, State and local funding enables Wayne County EFNEP to make a difference in the lives of families with the fewest resources available to feed, clothe, house and educate their families.

Mentoring

Contact Person: Kea Boyd, Edward Scott
Office: 313.833.3419
Email: kboyd@co.wayne.mi.us
Email: escott3@msu.edu

The Wayne County 4-H Mentoring Program is designed to provide 1-to-1 mentors for at-risk youth ages 10-17 who are at risk of dropping out of school, low academic performance and delinquency. Mentors and mentees agree to participate in the program for at least one year to encourage effective and meaningful program experiences. Mentor matches meet twice a week for two hours at a time. Through case management and mentoring, program participants are connected with community resources and activities including but not limited to: academic enrichment, tutoring, counseling, workforce development skills, career fairs, vocational training, outdoor education explorations, the arts and volunteerism.

Breastfeeding Initiative (BFI)

Contact Person: Saneya Hamler
Office: 313.833.2925
Email: hamlersa@msu.edu
Breastfeeding Initiative (Mother to Mother), this program utilizes peer counselors to provide WIC eligible women with breastfeeding knowledge, encouragement and support. The peer counselors are available to see mothers in person or by telephone, in the home, the hospital or WIC clinics. Since 1996, the goals of the Breastfeeding Initiative have been to increase breastfeeding rates among low income women, increase nutritional knowledge and change behaviors.

**Community & Economic Development**

*Contact Person: Richard Wooten*

Office: 734.721.6576  
Email: wooten@msu.edu

Wayne County’s Community and Economic Development Program connects university resources to expand the capacity of community based organizations and assists local communities in preserving and developing low and moderate income neighborhoods. The program is implemented via housing initiatives, neighborhood planning, land use inventories, and surveys designed to qualify the neighborhood, community or organization for financial resources from public and private resources. Trainings include the Citizen Planner Series, Complete Streets, New Economy and other relevant development workshops.
Wayne County Neighborhood Legal Services
12121 Hemingway
Redford, MI 48239
Phone: 313.937.8291    Fax: 313.937.8893

What is Neighborhood Legal Services?
Neighborhood Legal Services (NLS) is a Michigan non-profit corporation providing legal representation, law-related education/outreach, mediation services and special programs designed to take “Total Action Against Poverty.”

Elder Law Center
The Elder Law & Advocacy Center, part of Neighborhood Legal Services of Michigan, offers free legal assistance and guidance, information, referrals and other services to older adults, caregivers and care recipients. Specialized information and services are also available for grandparents raising grandchildren. The Elder Law Center offers free workshops for senior citizens every first Tuesday of each month at 2:00 pm @ Redford Community Center, 12121 Hemingway. If you have any questions, please call 313.937.8291.

What is Elder Abuse?
It includes physical and/or sexual acts of violence, neglect, self-neglect, psychological behavior causing mental or emotional suffering, abandonment (desertion of vulnerable elder by person who assumed responsibility for care/custody of the elder) and exploitation (misuse of an adult’s finances/assets). If you think someone is being abused, you have a place to turn for help. You can call the 24-hour toll free emergency hotline available through Adult Protective Services at 877.963.6006.

What is the Caregivers Program?
Provides legal advice, information, assistance, referrals and community outreach presentations to caregivers and care recipients. ELC collaborates with local groups, agencies and public service organizations to offer programs, trainings, conferences and workshops.

If you are caring for someone 60 years of age or older or if you are a senior citizen caring for a child or someone who is physically or mentally challenged, you may need legal or other assistance in some of the following areas:

* guardianship     * nursing homes
* visitation        * assisted living
* custody          * senior housing
* support          * wills/trusts
* school enrollment  * powers of attorney  
* medical/health  * social security  
* public benefits  * medicaid/medicare  
* income  * homeownership  
* insurance  * other special needs  
* consumer matters  * referral information

**Overview of Neighborhood Legal Services**

Neighborhood Legal Services provides high quality law-related education and community outreach services as well as special proactive programs designed to uplift persons from poverty.

Specialized educational services target the needs of youth and the elderly. Additionally, housing placement services assist those who are at risk of homelessness.

Clients are potentially eligible for free or other legal services in the following areas:

<table>
<thead>
<tr>
<th>• abuse and neglect cases</th>
<th>• health</th>
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</thead>
<tbody>
<tr>
<td>• AIDS law</td>
<td>• Housing</td>
</tr>
<tr>
<td>• bankruptcy</td>
<td>• guardianships</td>
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<tr>
<td>• caregiving</td>
<td>• individual rights</td>
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<tr>
<td>• child welfare</td>
<td>• juvenile justice</td>
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<tr>
<td>• education</td>
<td>• mental health</td>
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<tr>
<td>• employment</td>
<td>• probate</td>
</tr>
<tr>
<td>• family (domestic violence, divorce, custody, support, visitation, adoption)</td>
<td>• public benefits (Department of Human Services - formerly FIA), unemployment compensation, SSI).</td>
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<tr>
<td>• foster/nursing home care</td>
<td>• social security</td>
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<tr>
<td>• utilities</td>
<td>• wills</td>
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</table>

**How do I arrange for services?**

You or a friend may call the Elder Law Center at 313.937.8291 or fax us at 313.937.8893. Collect phone calls will be accepted on matters related to Elder Abuse.
The mission of Wayne Metropolitan Community Action Agency is to empower low-income individuals and strengthen communities through diverse services, leadership and collaboration.

**Programs:**

**Outreach Services:** The Outreach and Emergency Services program employs five full-time staff members that are the point of entrance into the Wayne Metro service delivery system. Outreach workers identify client needs and provide information and referral to both internal and external resources including food, clothing and other supportive services. Workers also handle direct client assistance with utilities, rent, mortgage, and food voucher services. The Outreach workers act as the agency's liaisons to the five Regional Advisory Councils.

- **Information and Referral Program**
  This program directs people to emergency resources, including food and clothing. It informs citizens about available resources, works to coordinate services with other providers and certifies families and individuals eligible for community programs that supplement incomes.

- **Michigan Enrolls Program**
  The Wayne-Metropolitan Michigan Enrolls Program assists Medicaid recipients as they choose appropriate medical care providers through group presentations and individual contacts.

- **Nutrition Program**
  Wayne Metro's Nutrition Program assists low-income individuals and families to identify food resources that will help to meet their short and long-term nutritional needs. Since its creation in 1999, the Program has helped to provide information, technical assistance and referral services to more than 124 food pantries and soup kitchens in Out-Wayne County.

- **Energy Programs**
  Staff arrange for holds on utility shut-offs, secure utility matching funds towards outstanding bills and conduct intake and certification interviews necessary to complete applications to THAW and other utility assistance programs for payment of client bills.
**Homeless Prevention Services:** Wayne Metro's Homeless Prevention Program provides case management and support to 30+ area households annually. Individuals and families with children who are at risk of becoming homeless are eligible for this program. Clients can receive short-term supports such as assistance with utilities or help with rent and mortgage. Others receive guidance through life-skills coaching including budgeting and finances, nutrition and health, and links to other family resources. Participants remain in the program for one year with an additional six month follow up period.

**Employment and Training Services:** Wayne Metro's Employment & Training Program works to improve client job readiness and skill level. Employment counselors help to identify barriers that can hinder or delay employment and then develop Individualized Service Plans based on client goals. Intake Services/Service Planning begins with a one-to-one interview to determine eligibility, review applicable services, complete Service Plan and schedule participation in the E & T Program.

- **Coffee Clutch Groups:**
  This employment support group meets weekly and is facilitated by Wayne Metro job placement case managers. The services provided include: pre-employability skills training, resume development, establishment of references, updated information regarding job search/follow-up techniques, counseling regarding "soft skills" necessary for success, extensive array of job leads, access to internet, e-mail service, fax, copier and mailing service. Bus tickets and gas money available where applicable. Complete job search and career planning resources and support provided to customers. One-to one individual case manager appointments are scheduled as needed/requested.

- **Job Club Services:**
  Job Clubs/Pre-employability skills training/Individual career counseling - The E & T department utilizes several different service delivery formats. It is contingent upon clientele served and the individual career planning/job placement needs of the customers.

- **Work Experience Program:**
  This program is designed for up to 8 weeks of on-the-job paid work experience. It serves to enhance the customer's marketability, learn new skills or remediate old skills. Upon successful completion of the on-the-job training experience, the customer returns for job placement assistance with an upgraded resume, letter of recommendation and work references.
Youth Programs: Youth programs operate in partnership with other organizations based in the community. All programming is designed to assist youth with school performance, improve school attendance, avoid gang and other criminal activities and develop a positive sense of self.

- Educational Tutoring/Enhancement:
  Youth get help with homework, do independent reading and participate in computer learning. Staff members work with youth, teachers and parents throughout the year to monitor school performance, improve grades and help kids build self-esteem.

- Life Skills:
  Youth explore issues such as career awareness, drug abuse and peer pressure through discussions, presentations and projects. Staff members are available throughout the program to meet with youth individually to discuss personal concerns.

- Recreation/Culture:
  Youth participate in structured outdoor and indoor recreation as well as monthly field trips to various cultural sites.

- Parental Involvement:
  Parents participate in the program and offer each other support through parenting classes and parent advisory groups.

The S.T.O.P Program: The S.T.O.P Program is offered to seniors residing in Out-Wayne County and their caregivers. Our new S.T.O.P Program is especially designed to help our aging residents and those who care for them achieve a better quality of life. The S.T.O.P Program aims to promote the highest possible level of functioning in regards to mobility, self-care and relaxation.

Program Services will include:

- Assessment and Evaluation
- Education and Training in Health Maintenance
- Counseling and Referral Services
- Home Modifications for Income-Eligible Participants
- Support Group for Caregivers

Deliverable Fuel Assistance Funds: Wayne-Metropolitan Community Action Agency may be able to assist you or someone you know who heats their home with a deliverable fuel. Deliverable fuels are coal, oil, wood and/or propane.
To be eligible, your gross monthly income from all sources may not exceed the following guidelines:

$1,123 = household of 1  
$1,515 = household of 2  
$1,908 = household of 3  
$2,300 = household of 4

*Add $393 for each additional household member. You must have the following documentation for participation in the program:

- Proof of Income
- Proof of family living in household

**Ramp Assistance Program:** must be 60 years of age or older, reside in Out-Wayne County and must be wheelchair-bound.

**Senior Caregiver Program:**

Wayne Metro's Senior Caregiver Program offers wellness opportunities to seniors residing in Out-Wayne County and their caregivers. Our new *Caring for Seniors Program* is especially designed to help our aging residents and those who care for them achieve a better quality of life. The *Caring for Seniors Program* aims to promote the highest possible level of functioning in regards to mobility, self care and relaxation. Services include:

- Assessment & Evaluation
- Education and Training in Health Maintenance
- Counseling & Referral Services
- Incontinence Supplies (when available)
- MMAP/Mi Cafe
- Support Groups for Caregivers

Services are provided for caregivers and care recipients. However, either the caregiver or the recipient must be 60 years of age or older.
Western Wayne Family Health Center
2500 Hamlin Road
Inkster, MI 48141
313.561.5100

26650 Eureka Road
Taylor, MI 48180
734.941.4991

Monday - Thursday 9:00 am - 6:00 pm
Friday 9:00 am - 5:00 pm
Closed Saturday and Sunday

Services that we provide:
- Obstetrical Services
- Gynecological Services
- NST
- Ultrasound
- Contraceptive Care
- STD Testing / No Cost HIV Testing
- Women’s Health Screening
- Primary & Preventative Health Care
- Routine Health Exams
- Chronic Disease Management
- Sick Visits
- Sports / Camp / Employment Physicals
- Family Planning / Plan First
- Laboratory
- Referral into Specialty Care
- Discounted Drug Program
- Breast and Cervical Cancer Screening
- Prenatal / Postnatal Care
- Pre Conceptual Counseling
- Internal Medicine
- Pediatric Services
- Immunizations
- Dental Services
- Behavioral Health
- Women Infant Children (WIC)

We Accept Most Insurances including:
• Medicaid & MI Child
• HMO Coverage (with assignment)
• Medicare
• Sliding Fee Scale Discount Program
  • For patients without insurance
  • Fees are based on income & family size

*Western Wayne Family Health Center provides high quality, caring, primary health care to the community. Healthcare services are priced to be affordable based on the family’s income and ability to pay.*

*Make Western Wayne Family Health Center Your Medical Home.*
Westland Relapse Prevention
Liberation Addiction Recovery Solutions
36565 Ford Road
Westland, MI 48185.
866.925.4213

Types of Services: Spanish, Criminal Justice Clients, Residential Long Term Treatment, Residential Beds for Children, Seniors, Outpatient, Hospital Inpatient, DUI and DWI Offenders, Methadone Maintenance

Payment Forms: Medicare, Self Payment, Medicaid, Military Insurance

Alcohol Rehabs help through teaching relapse prevention skills and other valuable tools necessary for one to remain sober. Though there are a wide variety of options to choose from regarding Alcohol Rehabilitation and Drug Treatment Centers, it is important to find the drug treatment method that is right for you or your loved one. The help an individual receives for their dependence problems could take place in a variety of settings utilizing numerous approaches. There are many different types of Alcohol Treatment and Drug Rehabilitation Centers available such as outpatient treatment, inpatient treatment, and residential treatment.

Alcohol Treatment and Drug Rehabilitation Programs that incorporate relapse prevention as part of their drug rehabilitation often times are backed by a solid recovery program. Relapse prevention is critical for the addict to remain clean once they have left the Westland Drug Rehabilitation and Alcohol Rehabilitation Facility. Recovery is an ongoing process. The skills one learns during an intensive stay at a Drug Rehab and Alcohol Treatment Program in Westland must be integrated into everyday life and this takes time. Though there are a variety of different types of Drug Treatment and Alcohol Rehabilitation Centers available, all include strategies for keeping the person in treatment, skills to help the individual handle everyday situations that may cause trouble once they have completed the drug or alcohol rehabilitation and guidance and counseling towards understanding the individual's initial reasons for drug addiction.

Before entering into a Westland Drug Rehabilitation and Alcohol Rehabilitation Program, many individuals who have an addiction to drugs or alcohol find that they are unable to quit using on their own. Often times, they become discouraged by their inability to remain strong and resist cravings that they experience while trying to get clean. Alcohol Rehabilitation and Drug Rehabilitation Programs in Westland provide those who have a drug addiction the stability and professional relapse prevention skills they need to help them on their path to recovery.
Drug Treatment and Alcohol Rehabilitation Program Relapse Prevention Tips:

**Exercise:** It sounds simple, and it is. It is proven to work for people who are quitting smoking and smoking is one of the strongest addictions there are. Take a walk around the block or do some other simple exercise.

**Socialize:** With NEW people! Going back to the people you hung out with to do drugs is almost certainly going to lead you to a relapse. Go to some public events and meet some new people.

**Change your environment:** This can take on several different levels. You can start by rearranging your furniture and fixing the place up. You also need to change the environment where you spend a lot of time. Don't go back to the old places where the urge to do drugs may be too strong.

**Minimize Boredom:** Boredom is never a good thing. Chances are, if you get bored, it will increase the chances that you will get an urge for drugs. Take up doing crossword puzzles or other games, for example. Keeping yourself busy will help prevent drug addiction relapse.

**Eat Better:** No one expects you to change every aspect of your diet. It would be wise to throw in a few more fruits and vegetables. Maybe you could drink a couple more glasses of water a day. You may be amazed at how good it can make you feel.

**Get Close to People:** No need to go out on a hug-fest but let people in. Build strong and healthy relationships with people who are not drug addicts. Get a Mentor: They help you through the rough times and they understand what you are going through. They can be real lifesavers when the urges for drugs or alcohol become overwhelming.

**Believe in yourself:** Poor self-esteem may very well be what leads people into drug addiction in the first place. Have faith in yourself and don't put yourself down. You are on the right road and doing the right thing.

It is often a very difficult undertaking choosing a Drug Rehabilitation and Alcohol Rehabilitation Program in Westland for you or someone you love. Often, loved ones are not knowledgeable about Westland Drug Rehabilitation and Alcohol Treatment Facilities, or how to find a reputable one that is ideally designed to help. When drug and/or alcohol addiction has become an integral aspect of your loved one's life, time is essential, and you must quickly educate yourself about Drug Rehabilitation and Alcohol Rehabilitation Facilities. The fastest way to do this is to read the information the Drug and Rehabilitation Facility provides and know what questions to ask when you contact these Drug Rehabilitation and Alcohol Rehabilitation Facilities.
The YWCA of Western Wayne County is a community outreach organization serving women and children with programs specially designed to meet their changing needs where they live, play and study.

Program Emphasis:

- **Children, Youth and Families in Crisis**
  - Substance abuse, violence prevention groups and mentoring programs for youth

- **Teen Pregnancy and Parenting**
  - Child and Family Neighborhood Programs
  - Prenatal to 3 parent/child education

- **Successful Child Development**
  - Head Start
  - Great Start Readiness Program
  - Y-Child Care
  - Family Literacy Initiative
  - Kinder-music
  - Detroit Area Diaper Drive Distribution Center

- **Women’s Health & Economic Empowerment**
  - Corporate Clothing Closet
  - Internship Program
  - Healthy Living.

- **Positive Use of Leisure Time**
  - Cultural Enrichment Activities
  - Fitness and life-long sports

Communities Served:
Belleville* Canton* Dearborn* Dearborn Heights* Garden City* Inkster* Livonia* Northville* Plymouth* Romulus* Taylor* Van Buren* Wayne* Westland
OUR MISSION

The Inkster Youth Coalition is a collaborative group of Inkster’s very best and brightest. We care about the community and our peers. Our cause is to reach teenagers and young adults to positively impact the image of Inkster. This group was envisioned through the Inkster Task Force. We encourage all Inkster teens and young adults to come be apart of something great!

For meeting schedules and more information about us, please contact Inkster Task Force for more details.
Real kids are curious about alcohol. 40% have tried it by the time they reach eighth grade. Talking with your children early and often can make a difference. Get the facts, the tools, and the advice you need to start talking real.

Family, peers, school, and the community all play a role in your child's decision to drink. In fact, most children who use alcohol get it from a friend or family member. To ensure these people become positive role models for your child, let them know how you feel about underage drinking.

HELP REDUCE UNDERAGE DRINKING
Inkster Task Force